

# THE ART OF Good Health and Wellbeing

International Arts and Health Conference

12 – 14 November 2013 – 5<sup>th</sup> Annual Conference

College of Fine Arts (COFA), University of NSW, Sydney and Art Gallery of New South Wales, Sydney

Supported by the Office for Ageing, NSW Department of Family and Community Services,  
NSW Ministerial Advisory Committee on Ageing (MACA) and Penrith City Council

**ARTS AND HEALTH AUSTRALIA**  
Healthy People, Healthy Communities – engaging with the Arts

[www.artsandhealth.org](http://www.artsandhealth.org)



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## Monday 11 November 2013: Critical Mass Meeting (By Invitation)

10am – 3.30pm: - Critical Mass meeting, convened by Mike White, Senior Research Fellow, Arts and Health, Centre for Medical Humanities, Durham University, UK. To be held in Room F 205 (F Block second floor room 05).

Acknowledgement: Thank you to the AHA team: Gabbie Carroll (Chair), Linda Hall (Hello Koalas), Emrys Hughes (IT), Drusilla Ross Jones (Online), Sally Ryan (Designer) and all members of the AHA Conference Advisory Committee for their support and inspiration.

Please note: The conference program is dated 7 November 2013, further amendments may be made. Please refer to [www.artsandhealth.org](http://www.artsandhealth.org) for any updates.

**LOCATION**  
**COFA**

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| <p><b>Tuesday 12 November 2013: Creative Ageing – Art Gallery of NSW, Sydney</b></p> <p>Supported by the Office for Ageing, NSW Department of Family and Community Services and NSW Ministerial Advisory Committee on Ageing (MACA)</p>  | <p><b>LOCATION<br/>AGNSW</b></p>                                   |
| <p><b>9.30am – 10am: Arts and Health Australia Help Desk, Lower Level, Domain Theatre, AGNSW.</b> Please note AGNSW does not officially open until 10am. <b>Access for delegates only.</b> Collect conference satchels or register on site for the conference</p>  | <p>Lower Level, Art Gallery of NSW</p>                             |
| <p><b>10am: Welcome</b><br/> <b>Margret Meagher</b>, Executive Director, Arts and Health Australia and <b>Gabriella Carroll</b>, Conference Chair, Arts and Health Australia<br/> Welcome to Country, <b>Aunty Millie Ingram</b>, CEO Wyanga Aged Care and Spokesperson of the Redfern Waterloo Aboriginal Alliance<br/> <b>Maura Boland</b>, Deputy Director General, NSW Department of Family and Community Services</p>   | <p>Domain Theatre, Lower Level<br/>AGNSW</p>                       |
| <p><b>10.20am – 1pm: Plenary Session 1 - Creative Ageing</b></p> <p><b>Margret Meagher</b>, Executive Director, Arts and Health Australia; Member, NSW Ministerial Advisory Committee on Ageing<br/> <b>“Art is Like Chocolate for the Brain” (Dr Gene Cohen) – Active Ingredients for Successful Living in Later Life</b></p> <p><b>David Cutler</b>, Director, Baring Foundation, UK<br/> <b>Creative Ageing in the UK – Past, Present and Future</b></p> <p><b>Dominic Campbell</b>, Artistic Director, Producer and Creative, Ireland<br/> <b>Creative Ageing International – Ireland, Scotland, Wales, Netherlands, USA</b></p> <p><b>Molly Carlile</b>, Manager, Palliative Care Services, Austin Health and Manager, Arts in Healthcare, Olivia Newton John Cancer and Wellness Centre, Austin Health, Melbourne, VIC<br/> <b>Who’s that sitting in Mary’s Chair? Meaningful practices and rituals around dying death and grief in residential care</b></p> <p><b>Leslie Williams MP</b>, Nurse; National Party Member for Port Macquarie, NSW; Convenor NSW Parliamentary Friends of Dementia<br/> <b>Fostering Dementia Friendly Communities</b></p> <p><b>The Sydney Threshold Choir</b></p> <p><b>1pm – 1.50pm: Lunch on the grass in the Domain Gardens – Collect your lunchbox from the Pavilion Café, opposite the entrance of the AGNSW</b></p> | <p>Domain Theatre, Lower Level<br/>AGNSW</p> <p>Program Page 4</p> |

## **Tuesday 12 November 2013: Creative Ageing – Domain Theatre, Art Gallery of NSW (cont)**

**Supported by the Office for Ageing, NSW Department of Family and Community Services and NSW Ministerial Advisory Committee on Ageing (MACA)**

### **2pm – 4.50pm: Plenary Session 2 – Creative Ageing**

Presentations introduced by **Margret Meagher**, Executive Director, Arts and Health Australia:

**Kathryn Greiner AO**, Chair, NSW Ministerial Advisory Committee on Ageing, Sydney

**Creative Ageing – within a whole of government ageing strategy for NSW**

**Mari Velonaki**, Associate Professor and Director, Creative Robotics Laboratory, National Institute for Experimental Arts (NIEA), College of Fine Arts (COFA), University of New South Wales, Sydney

**The Role of Social Robotics in Health and Aged Care: an approach**

**Clive Parkinson**, Director, Arts for Health, Manchester Metropolitan University, UK

**Evidence: Fiction-Non-Fiction? What constitutes evidence in arts and health practice?**

**Dr Peter Spitzer**, Co-Founder and Medical Director, Humour Foundation; Australia's first medical Clown Doctor and Chief Investigator, SMILE Study (Sydney Multisite Intervention of LaughterBosses and ElderClowns 2009 - 2011), UNSW,

**Is there a Place for Humour and Mischief in Creative Ageing?**

**Alice Thwaite**, Director, Equal Arts, Newcastle, UK

**Room for the Imagination: An Equal Arts Project** - Engaging people with dementia in participatory arts to improve cognitive functioning, communication, self esteem and enjoyment of life

**Gary Glazner**, Executive Director, Alzheimer's Poetry Project, New York, USA

**Engaging Elders in Creative Expression through Poetry**

**Art Gallery of NSW closes at 5pm.**

**Free time to continue the conversation over dinner with new and old friends**

Domain Theatre, Lower Level  
AGNSW

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**Wednesday 13 November 2013: Morning Plenary Session – Domain Theatre, Art Gallery of NSW**

**Arts and Health in Primary and Acute Care, Mental Health, Communities, Local Government, International Practice and Research Collaborations**

**9.30am – 10am: Arts and Health Australia Help Desk Lower Level, Domain Theatre, AGNSW.** Please note AGNSW does not officially open until 10am. **Access for delegates only.** Collect conference satchels or register on site for the conference

**10am – 1pm:** Acknowledgement of Country, **Gabriella Carroll**, Conference Chair, Arts and Health Australia  
Presentations introduced by **Margret Meagher**, Executive Director, Arts and Health Australia:

**Arts and Health in Primary and Acute Care**

**Victoria Jones**, Director of Creative Arts, Royal Melbourne Children’s Hospital, Melbourne VIC: **Arts@RCH – A Film**

**Alison Page**, Executive Officer, Saltwater Freshwater Arts Alliance, Mid North Coast, NSW

**Aboriginal Design Can Transform Communities**

**Mental Health**

**Dr Gary Christenson**, Director of Mental Health, Boynton Health Service and adjunct Professor of Psychiatry, University of Minnesota Medical School, Past President, Global Alliance of Arts and Health, Washington DC, USA; **Paul Miller**, Circus Mojo, Kentucky USA

**Cirque De-Stress: Promoting Public Mental Health Messaging through Circus Arts**

**Participatory Arts and Community Health**

**David Doyle**, CEO, DADAA WA, **Dr Peter Wright**, Associate Dean (Research) and Associate Professor of Arts Education and Research Methods, Murdoch University, Perth, WA

**The FIVE Project: Addressing Mental Health in FIFO (Fly In Fly Out) Communities through Arts Participation**

**International Practice and Research Collaborations**

**Mike White**, Research Fellow, Arts and Health, Centre for Medical Humanities, Durham University, UK

**Critical Mass: The Next Five Years in Arts and Health Practice and Research**

**Arts and Health Australia Awards for Excellence 2013**

The Awards trophy is a boxed, handcrafted pen, made from Australian timbers, by Ian Dorney who discovered his talent for pen making while recovering his health.

**Local Government**

**Erich Weller**, Community Cultural Development Manager, Penrith City Council, Sydney

**Arts and Health – A Role for Local Government**

**“Hardstyle Intoxicated” Performance by the Mondo Dancers**, Penrith City Council, Sydney

Domain Theatre, Lower Level  
AGNSW

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**1pm – 1.50pm: Lunch on the grass in the Domain Gardens – Collect Lunch Boxes from the Pavilion Café, opposite the entrance to AGNSW**

**Wednesday 13 November 2013: Afternoon Arts and Health Workshops – Art Gallery of NSW, Sydney**

**2pm – 4.50pm: Delegates may choose 1 session from 2pm to 3.20pm and 1 session from 3.30pm to 4.50pm.**

**There are 6 workshops on offer. Delegates can register for workshops at the Arts and Health Australia Help Desk, Domain Theatre Foyer on Tuesday 12 November, between 9.30am – 4.45pm and Wednesday, 13 November between 9.30am – 1pm.**

**Art and Dementia: Nikki Main, Art and Alzheimer’s Program, National Gallery of Australia, Canberra**

**20th & 21st Centuries Australian Galleries Ground Level**

Drawing on the Art Gallery of New South Wales art collection, Nikki Main, will conduct a practical workshop demonstrating the effective use of artwork to engage people with dementia. The NGA’s Art and Alzheimer’s Program was established by the NGA, 2007 by Program Coordinator, Adriane Boag; its Outreach Training Program commenced 2009. (two sessions, 25 people per session)

Ground Level  
AGNSW

**Art and Poetry: Gary Glazner, Founder and CEO, Alzheimer’s Poetry Project (APP), New York - 19th Century Australian Gallery, Ground Level**

A workshop using art, from the collection of the Art Gallery of New South Wales, to inspire the performance and creation of poetry. The workshop will include ways to work with people living with dementia, general population elders and youth from preschool to university. Attendees will learn:

- How to incorporate poetry into a museum guided tour for people living with memory loss.
- How to perform and create new poetry with people living with memory loss.
- How to use discussion about artwork to create poems.
- How to pair artwork and poetry.

Participants will leave with increased knowledge of combining art with poetry. These skills form the core of good public speaking and build the participant’s confidence. (two sessions, 25 people per session)

Ground Level  
AGNSW

**Making Art in the Gallery: Danielle Gullotta, K-6 Programs Coordinator and Access Programs Coordinator, AGNSW - Sydney moderns: exploring colour. Function space, Ground Level**

Inspired by Sydney Modernist artist Grace Cossington Smith and responding to the panoramic view of Sydney’s Woolloomooloo participants will express their own creativity and imagination in a fun and encouraging way. Participants will create an artwork using mixed media and exploring the impact of colour theory on their artmaking. (two sessions, 25 people per session)

Ground Level  
AGNSW

**iPad engage: Claire Ford, Arts for Health, Manchester Metropolitan University, UK and Simone Flavelle, DADAA WA**

Claire Ford from iPadEngAGE and Simone Flavelle from DADAA’s stARTSPEAK Project combine knowledge and skills developed from working with people with dementia and people with intellectual disability/high support needs. Participants will be introduced to stARTSPEAK and iPad EngAGE projects and methodologies through processes developed and refined over the last two years. Following project overviews, you will be provided with an iPad (individual or to share depending on workshop numbers), shown major features as required for each project, invited to play with inbuilt and purchased apps through a range of artistic processes, create short works in pairs and finally, a larger, collaborative work to perform.

Participants will be filmed during the course of the workshop. (two sessions, 25 people per session)

To be advised

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**Wednesday Afternoon Workshops continued following page**

## Wednesday 13 November 2013: Afternoon Arts and Health Workshops continued – AGNSW

**Aboriginal Art in the Yiribana Gallery – Amanda Peacock, Aboriginal and Torres Strait Islander Art Programs, AGNSW and Emily McDaniel, Assistant Curator of Aboriginal and Torres Strait Islander Art, AGNSW – Yiribana Gallery, Lower Level 3** - the presentation will explore artists' connections to community, culture and country. (one session only commencing at 2pm, 35 people per session)

**'Hear Me'** – A theatre production that teaches clinicians about the importance of incident disclosure communication, presented in the Centenary Theatre, Art Gallery of NSW. **Rick Iedema, Australian Institute for Patient and Family Centred Care**, Sydney introduces playwright **Alan Hoggood** and cast from **Health Plays**, Melbourne. (one session only commencing at 2pm – Centenary Auditorium, Lower Level 1 – numbers unrestricted, capacity for 90 places)

**Write here, write now .. using creative writing as a vehicle for personal and professional reflection and resilience building - Molly Carlile** (one session only commencing 3.30 pm – Centenary Auditorium, Lower Level 1 (no restriction))

### 5pm – 10pm: Art After Hours - Art Gallery of New South Wales

**Stay on at the Art Gallery of New South Wales and visit "America: painting a nation"** - the most expansive survey of American painting ever presented in Australia (delegates can purchase concession \$16 entry tickets in the Gallery by showing their delegate tag or online - [http://artgallerynsw.qtx.com.au/event/America\\_Painting\\_Nation\\_13.aspx](http://artgallerynsw.qtx.com.au/event/America_Painting_Nation_13.aspx)).

With over 80 works, ranging from 1750 to 1966, this exhibition covers more than 200 years of American art, history and experience. The exhibition features artists such as Jackson Pollock, Mark Rothko, Georgia O'Keeffe, James McNeil Whistler, Winslow Homer and John Singer Sargent.

The works have come from four major institutions in the USA: The Terra Foundation, Chicago; The Philadelphia Museum of Art; The Museum of Fine Arts, Houston; and the Los Angeles County Museum of Art. The Virginia Museum of Fine Arts has lent its major work, Edward Hopper's *House at dusk* 1935.

Most of the works have not been seen in Australia and the Art Gallery of New South Wales is the only Australian venue for this exhibition.

While in the Gallery, delegates should also explore one of the finest collections of Aboriginal art in Australia, and perhaps enjoy a drink or dinner with friends in the café or restaurant. The Gallery Shop has an excellent range of art books, prints, cards and gifts.

### **Books by Conference Speakers Mike White, Gary Glazner and Clive Parkinson**

Available from the Arts and Health Australia Help Desk at COFA and AGNSW

Mike White, *Arts Development in Community Health: a social tonic* (Radcliffe 2009)

Gary Glazner, *Sparkling Memories: The Alzheimer's Poetry Project Anthology* (2005)

Clive Parkinson, *Mortality: Death and Imagination* (2013)

Yiribana Gallery, Lower Level 3  
AGNSW

Centenary Auditorium  
Lower Level 1  
AGNSW

Centenary Auditorium  
Lower Level 1  
AGNSW

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## Thursday 14 November 2013: Breakout Sessions Overview

**College of Fine Arts (COFA), University of New South Wales**  
**Australia's leading faculty of experimental art and design.**

**9am – 5pm: All presenters are featured on [www.artsandhealth.org](http://www.artsandhealth.org)**

Participate in 70 presentations and workshops on Arts and Health in the following streams:  
Primary and Acute Care, Environmental Design, Community Health, Health Promotion, Disability, Creative Ageing, Aboriginal Health, Mental Health, Digital Arts, Research and Evaluation, Education and Training for Health Professionals, Workplace Wellbeing  
Across a variety of art forms: Visual Arts, Music, Theatre, Dance, Design, Circus, Humour, Poetry and Writing

### **Conference Posters on display in COFASPACE (located next to the Auditorium Room EG02 on the Ground Floor)**

**The Art of Seeking: Evaluating creative experiences and gaining insight into adolescent engagement in a hospital based youth arts program**  
Natalie Anderson, Arts Coordinator, Department of Adolescent Medicine, The Children's Hospital at Westmead, Sydney, NSW

**Happy while healing: can we impact on school children's wellbeing through art while they heal in hospital?** - Christina Davies, Researcher, UWA Perth;  
Winthrop Professor Matthew Knuiman, School of Population Health, UWA Perth; Assoc. Prof Michael Rosenberg Health Promotion Evaluation, UWA, Perth;  
Assoc. Prof. Peter Wright, Arts, Education and Research, Murdoch University, Perth WA

**The Art of Living with Childhood Chronic Illness** - Kar Wai Tang, Hwee Hwee Loo, National University Hospital, Singapore

**Collaborative practice: Merging design and health knowledge in the production of paediatric health education materials** - Belinda Paulovich, PhD Candidate, University of South Australia

**Making a Difference – Dr Cathy Treadaway**, Reader in Creative Practice and Research Leader, Cardiff School of Art and Design, Cardiff Metropolitan University, Wales, UK; **Dr Gail Kenning**, Faculty of Arts and Social Sciences, University of Technology, Sydney NSW

**Celebration of Life Events** - Paul Brophy, Sambell Lodge, Brotherhood of St Laurence, Melbourne VIC

### **Also in COFASPACE - Light Rhythm Plays: Special Interactive Exhibition presented by Penrith City Council and Illuminart**

'Come and try' interactive musical instruments developed for the No Boundaries inclusive multimedia arts project. These experimental instruments, developed by Cindi Drennan and the team from Illuminart in collaboration with the Nordoff-Robbins music therapy centre at the University of Western Sydney, combine interactive media and playful images together with sound.

Collect a booklet and DVD about the Light Rhythm Plays and No Boundaries projects at the Exhibition. Further information is available at the No Boundaries website <http://noboundariesproject.info/>

**View the Blake Prize for Religious Art, on view at the COFA Galleries**

**5pm – 7pm: Join in celebrating our international Arts and Health fraternity over good food and wine**

**Thursday 14 November 2013 – Breakout Sessions program in detail follows:**

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| <p>Thursday 14 November<br/>Session 1, Auditorium, EG02<br/>9am – 11am</p> <p><b>Creative Ageing</b></p> <p><b>Art and Dementia</b><br/>Oral presentation<br/><b>Elle Credin</b>, Heritage Collections and Public Programs Office and <b>Julie Skate</b>, Coordinator Arts and Culture, Bayside City Council, Sandringham, VIC</p> <p><b>Retaining Identity: Developing a Creative Aging Course</b><br/>Oral presentation<br/><b>Anne Mondro</b>, Assoc Professor, Penny W. Stamps School of Art and Design, University of Michigan, USA</p> <p><b>Making a difference</b><br/>Oral presentation and poster<br/><b>Dr Cathy Treadaway</b>, Cardiff Metropolitan University, Wales, UK; <b>Dr Gail Kenning</b>, Faculty of Arts and Social Sciences, University of Technology, Sydney NSW</p> <p><b>Research into the use of the arts to improve the lives of older people and its impact upon policy/practice</b><br/>Oral presentation<br/><b>Anna Goulding</b>, Research Associate, International Centre for Cultural and Heritage Studies, Newcastle University UK, <b>Andrew Newman</b>, Senior Lecturer, School of Arts and Cultures, Newcastle University, UK</p> | <p>Thursday 14 November<br/>Session 2, Room F205<br/>9am – 11am</p> <p><b>Arts in Healthcare</b></p> <p><b>Arts in healthcare settings</b><br/>Oral presentation<br/><b>Glenda Strong</b>, The Royal Children’s Hospital Education Institute, Melbourne, VIC</p> <p><b>FilmLife Project: creative conversations about organ donation using film</b><br/>Oral presentation<br/><b>Kerrie Noonan</b>, Co-founder, The Groundswell Project, Sydney</p> <p><b>Creating in Community: one model for community participatory arts in a Community Health Service</b><br/>Oral presentation<br/><b>Helen Nikolas</b>, Primary Care Manager, MonashLink Community Health Service, VIC</p> <p><b>Hear Me – a theatre production that teaches clinicians about the importance of incident disclosure communication</b><br/>Oral presentation<br/><b>Professor Rick Iedema</b>, Director Centre for Health Communication, University of Technology, Sydney NSW</p> | <p>Thursday 14 November<br/>Session 3, Room F202<br/>9am – 11am</p> <p><b>Arts and Health Research</b></p> <p><b>Exploring creativity and wellbeing through research</b><br/>Oral presentation<br/><b>Enza Gandolfo</b>, Author and Senior Lecturer in Creative Writing, Victoria University; <b>Professor Marty Grace</b>, Head of Social Work, College of Arts and Victoria University, Melbourne, VIC</p> <p><b>Unintended consequences: Exploring the complexity of process and outcomes in community arts for health and wellbeing</b><br/>Oral presentation<br/><b>Gretchen Ennis</b>, Research Fellow, Research Centre for Health and Wellbeing, Charles Darwin University, Darwin, NT</p> <p><b>A qualitative investigation of general population arts and health outcomes</b><br/>Oral presentation<br/><b>Christina Davies</b>, Researcher and PhD Candidate, University of Western Australia, <b>Dr Peter Wright</b>, Assoc. Dean (Research) and Assoc. Professor, Arts Education and Research Methods, Murdoch University, Perth, WA</p> <p><b>How making a billy cart profoundly affected family functioning</b><br/>Oral presentation<br/><b>Maree Fudge</b>, Director, RDS Partners, Tasmania</p> | <p>Thursday 14 November<br/>Session 4, Room D102<br/>9am – 11am</p> <p><b>Arts and Mental Health</b></p> <p><b>The Wheels on the Bus .. Transforming a vintage bus housed in a suburban backyard</b><br/>Oral presentation<br/><b>Emma Cother</b>, Mental Health Project Manager, Music Manager and Founder, Emerald Violin, Islington NSW</p> <p><b>Developing mental strength in creative and performing artists: resilience, confidence and determination are essential for a sustainable career in the creative industries</b><br/>Oral presentation<br/><b>Professor Ryan Daniel</b>, Faculty of Law, Business and Creative Arts, School of Creative Arts, James Cook University, QLD</p> <p><b>The Brick Project, if these walls could talk?</b><br/>Oral presentation and poster<br/><b>Merray Ghaly</b>, Outreach Art Worker, Weave Speak Out Dual Diagnosis Program, Sydney</p> <p><b>Creative Hub – A Community-Based Creative Approach to Mental Wellness</b><br/>Oral presentation<br/><b>Jane Goh</b>, Singapore Association for Mental Health (SAMH), Singapore</p> | <p>Thursday 14 November<br/>Session 5, Room D109<br/>9am – 11am</p> <p><b>Disability and the Arts</b></p> <p><b>Sensory Art Camp for persons with an Acquired Brain Injury</b><br/>Oral presentation<br/><b>Richard Ayres</b>, Brightwater Care Group Services for Younger People, East Victoria Park, VIC</p> <p><b>stARTSPEAK – iPad for people with disability</b><br/>Oral presentation<br/><b>Simone Flavelle</b>, Manager Ageing and Disability Project, DADAA WA, Fremantle, WA</p> <p><b>The No Boundaries Project – an inclusive and accessible art experience</b><br/>Oral presentation<br/><b>Joe Ibbitson</b>, Community Programs Coordinator, Penrith City Council and <b>Robyn Brookes</b>, Disability services Officer, Penrith City Council, Sydney, NSW</p> <p><b>Reducing access barriers to the arts with smart technology</b><br/>Oral presentation<br/><b>Phil Harper</b>, Community Liaison Manager, Australian Communication Exchange (ACE), Stone’s Corner, QLD</p> | <p>Thursday 14 November<br/>Session 6, Room D111<br/>9am – 11am</p> <p><b>Arts and Community Health</b></p> <p><b>Yenda – Recovery from Disaster after the Aid Agencies have left</b><br/>Oral presentation<br/><b>Vic McEwan</b>, Composer, Sound and Installation Artists, the Cad Factory, Narrandera, NSW</p> <p><b>How can a Spanish speaking choir contribute towards the development of the social and cultural capacity of seniors</b><br/>Oral presentation<br/><b>Marissa Mottola</b> and <b>Lucy Marin</b>, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Victims (STARTTS), Sydney NSW</p> <p><b>Global Perspectives on Holistic Art Therapy and Trauma Recovery</b><br/>Workshop<br/><b>Carla Van Laar</b>, Creative Arts Therapist, Senior Adviser, The Art2Healing Project and <b>Atira Tan</b>, Expressive Art Therapist, Director and Founder, The Art2Healing Project, Melbourne VIC</p> |
| <p>Thursday 14 November 2013: 11am – 11.25am: Morning Tea</p>   |  |  |   |   | <p>Program Page 10</p>  |



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| <p>Thursday, 14 November<br/>Session 13, Auditorium, EG02<br/>11.30am – 1.30pm</p> <p><b>Creative Ageing</b></p> <p><b>Yum-cha moments: Playful engagement and dementia with residents in an aged care facility</b><br/>Oral presentation<br/><b>Prof Michael Balfour</b>, Chair, Applied and Social Theatre, School of Education and Professional Studies and <b>Kristy Martin</b>, Griffith University, Brisbane, QLD</p> <p><b>'The Narrow Bridge' Inter-Generational Film Production Project</b><br/>Oral presentation<br/><b>Pamela Bruder</b>, Coordinator Lifestyle Department and Life Enrichment Program, Emmy Monash Aged Care, Melbourne VIC</p> <p><b>Celebration of Life Events</b><br/>Oral presentation and poster<br/><b>Paul Brophy</b>, Sambell Lodge, Brotherhood of St Laurence, Melbourne VIC</p> <p><b>Developing your own arts strategy in Aged Care</b><br/>Workshop<br/><b>Lenore de la Perrelle, Manager</b>, Dementia Learning and Development Unit, ACG Group, South Australia</p> | <p>Thursday, 14 November<br/>Session 14, Room F205<br/>11.30am – 1.30pm</p> <p><b>Arts and Wellbeing</b></p> <p><b>Books, Mind and Wellbeing</b><br/>Oral presentation<br/><b>Elizabeth Mackenzie</b>, Dance Therapist and Coordinator, Lifestyle Program, St Vincent's Prague House, Melbourne VIC;<br/><b>Susan McLaine</b>, Coordinator, State Library of Victoria's Book Well program, Melbourne, VIC</p> <p><b>Environments of Connection: An Art and Gardening program that speaks to the interrelatedness of spirituality, wellness and health</b><br/>Oral presentation<br/><b>Koruna Schmidt Mumm</b>, Arts in Health Recreation Officer and <b>Dean Gaston</b>, Horticulturist, Hampstead Rehabilitation Centre (HRC), South Australia</p> <p><b>Poetry at Work: Finding Personal Truths to Live By</b><br/>Workshop<br/><b>Edwina Cowdery</b>, Professional Facilitator, Coach and Poet, NSW</p> | <p>Thursday, 14 November<br/>Session 15, Room F202<br/>11.30am – 1.30pm</p> <p><b>Arts, Health and Aboriginal Communities</b></p> <p><b>Music technology and collaborative music making: a pathway to health and wellbeing for Indigenous students</b><br/>Oral presentation<br/><b>Professor Don Stewart</b>, Chair of Health Promotion, School of Public Health, Griffith University, Brisbane, QLD</p> <p><b>Coming Together – Cooking for change in health education and behaviour</b><br/><b>Dr Kym Rae</b>, Program Coordinator for the scientific research and the Gomeri gaaynggal program and <b>Loretta Weatherall</b>, Indigenous researcher, Gomeri gaaynggal program, Newcastle University, NSW</p> <p><b>Aboriginal Intergenerational Project</b><br/>Oral presentation<br/><b>Tracy Leahy</b>, Community Programs Coordinator, Penrith City Council, Sydney, NSW and <b>Chris Edwards</b>, Artist, NSW</p> <p><b>Spread the Word</b><br/>Oral presentation<br/><b>Christine McMillan</b>, Arts and Health Coordinator, Arts OutWest and Bathurst Health Service, NSW</p> | <p>Thursday, 14 November<br/>Session 16, Room D102<br/>11.30am – 1.30pm</p> <p><b>Arts Health &amp; Evaluation</b></p> <p><b>Utilising the power of the arts to Improve Young People's Mental Health Literacy in Rural NSW</b><br/>Oral Presentation<br/><b>Merilyn Limbrick</b>, Murrumbidgee Local Health District, Wagga Wagga, NSW</p> <p><b>Shame on you: using the creative arts to explore what part shame plays in women's reluctance to seek help when faced with unexpected homelessness</b><br/>Oral presentation<br/><b>Denise Dillon Bolland</b>, Griffith University, Brisbane QLD</p> <p><b>FotoFeedback MethodTM: Using Art to Evaluate Arts and Health Events</b><br/>Oral presentation<br/><b>Dr Lisa Vogelsang, Assoc. Prof. Ladona Tornabene, Assoc. Prof. Amy Versnik Nowak</b>, Health Education, University of Minnesota Duluth, USA; <b>Dr Gary Christenson</b>, Boynton Health Service, University of Minnesota Medical School, USA</p> <p><b>Using Most Significant Change Stories to Evaluate Community Arts</b><br/>Workshop<br/><b>Jane Christie</b>, Health Promotion Manager and <b>Andrea Farley</b>, Integrated Health Promotion Worker, Gippsland Community Health, East Gippsland, VIC</p> | <p>Thursday, 14 November<br/>Session 17, Room D109<br/>11.30am – 1.30pm</p> <p><b>Digital Applications for Arts and Health</b></p> <p><b>Aged Care, Digital Lifestyles</b><br/>Oral presentation<br/><b>Gail Kovatseff</b>, Director, Media Resource Centre, South Australia</p> <p><b>Crafting Wellbeing: An exploration of the relationship between craft-based textiles and health and wellbeing</b><br/>Oral presentation<br/><b>Dr Gail Kenning</b>, Faculty of Arts and Social Sciences, University of Technology, Sydney NSW</p> <p><b>iPad engAGE</b><br/>Workshop<br/><b>Claire Ford</b>, Founder, iPad enAGE, Manchester, UK</p> | <p>Thursday, 14 November<br/>Session 18, Room D111<br/>11.30am – 1.30pm</p> <p><b>Arts Health Education/Training for Health Professionals</b></p> <p><b>Theatre as a teaching tool for medical students across Canada: verbatim play about adolescent cancer experience integrated into core curriculum</b><br/>Oral presentation<br/><b>Dr Paul D'Alessandro</b>, General Surgery Resident, University of British Columbia, Vancouver, Canada</p> <p><b>Museo del Novecento: Reflections on an Internship in Milan</b><br/>Oral presentation<br/><b>Julie-Ann Martin</b>, Clinical Nurse Educator, Emergency Department, Western Health Footscray, Victoria</p> <p><b>Visual Arts in Health Education at the University of Melbourne</b><br/>Oral presentation<br/><b>Heather Gaunt</b>, Curator of Academic Programs (Research), Ian Potter Museum of Art, University of Melbourne VIC</p> <p><b>Collaborative practice: Merging design and health knowledge in the production of paediatric health education materials</b><br/>Oral presentation and poster<br/><b>Belinda Paulovich</b>, PhD candidate, University of South Australia</p> <p style="text-align: right;">Program Page 11</p> |
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**Thursday 14 November 2013: 1.30pm – 2.20pm: Lunch COFA Courtyard**

**LOCATION**

**Thursday 14 November 2013: 2.30pm – 4.30pm**

**Breakout Sessions 3**

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| <p>Thursday 29 November<br/>Session 19, Auditorium, EG02<br/>2.30pm – 4.30pm</p> <p><b>Creative Ageing</b></p> <p><b>Elevating places: The art of building for older people</b><br/>Oral presentation<br/><b>Guy Luscombe</b>, Architect, GLAD Studio, Darlinghurst NSW</p> <p><b>A Colourful Future: The importance of colour in the design of residential care</b><br/>Oral presentation<br/><b>Debbie de Fiddes</b>, CEO, de Fiddes Design, Nedlands, WA</p> <p><b>Dancing with Poetry</b><br/>workshop<br/><b>Gary Glazner</b>, Director, Alzheimer's Poetry Project, New York, USA</p> | <p>Thursday 29 November<br/>Session 20 Room F205<br/>2.30pm – 4.30pm</p> <p><b>Primary and Acute Care</b></p> <p><b>Get Some Circus Mojo</b><br/>Oral presentation<br/><b>Paul Miller</b>, Founder and Director, Circus Mojo, Kentucky, USA</p> <p><b>Smiles are Everywhere: introducing clown-play and humour into arts based healthcare practice</b><br/>Workshop<br/><b>Dr Peter Spitzer</b>, Medical Director, Humour Foundation, Southern Highlands, NSW</p> | <p>Thursday 29 November<br/>Session 21, Room F202<br/>2.30pm – 4.30pm</p> <p><b>Arts, Health and Music</b></p> <p><b>Sing Out Loud</b><br/>Oral presentation<br/><b>Dr Maggie Haerscht</b>, CEO and <b>Jean-Paul Bell</b>, Creative Director, Arts Health Institute, Sydney, NSW</p> <p><b>Songs and the psyche: how music moves us</b><br/>Oral presentation<br/><b>Steve Lang</b>, Senior Lecturer, Counseling and Guidance Education Program, Massey University, New Zealand</p> <p><b>Like a Bridge over Troubled Waters: Crossing the Boundaries of Mental Health Diagnosis with Music Therapy</b><br/>Workshop<br/><b>Joanne McIntyre</b>, Peninsula Music Services, Sydney NSW</p> | <p>Thursday 29 November<br/>Session 22, Room D102<br/>2.30pm – 4.30pm</p> <p><b>Arts and Community Health</b></p> <p><b>FAMILY: a sound installation and dance theatre work about dying and death created in collaboration with hospice volunteers</b><br/>Oral presentation<br/><b>Glen Murray</b>, Founder and artistic Director, MADE (Mature Artists Dance Experience), TAS</p> <p><b>Everyday Waltzes: A Movement Discovery Project for Active Ageing</b><br/>Oral presentation<br/><b>Angela Liang</b>, Co-founder and Director, ARTS FISSION Company, Singapore</p> <p><b>Grand Gestures: Dance and Health</b><br/>Workshop<br/><b>Paula Turner</b>, 2013 Churchill Fellow, Co-founder Dry Water Experimental Arts, UK; <b>Beverley Giles</b>, Independent Care Consultant and Educator, QLD</p> | <p>Thursday 29 November<br/>Session 23, Room D 109<br/>2.30pm – 4.30pm</p> <p><b>Arts and Community Health</b></p> <p><b>Musica Viva's Live Performance Plus Program</b><br/>Oral presentation<br/><b>Lindsay Lovering</b>, State Manager, Musica Viva, WA, <b>Christina Davies</b>, Researcher, UWA, Perth, WA</p> <p><b>Making it Better, A Community Arts Project and Research Study</b><br/>Oral presentation<br/><b>Liesbeth Briers</b>, Founder, Lizzie Bee, Hong Kong</p> <p><b>Mondo Youth Engagement and Community Safety Project</b><br/>Oral presentation<br/><b>Katerina Tahija</b>, Youth Development Officer, Penrith City Council, Sydney</p> <p><b>Journey Towards Hope Projects (JoThe)</b><br/>Movement to Music Workshop<br/><b>Valli Pillai-Batchelor</b>, cofounder JoThe, Educator, Artist-in-healthcare, Saudi Arabia</p> |  |
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**Thursday 14 November 2013, 4.45pm – 5pm:**

**Please Gather in the Auditorium for a Final Hurrah and a surprise lucky draw for a conference registration in 2014 ... followed by ....**

**5pm – 7pm Celebration of our International Arts and Health Fraternity**

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