THE ART OF Good Health and Wellbeing International Arts and Health Conference

ARTS AND HEALTH AUSTRALIA

Healthy People, Healthy Communities - engaging with the Arts

www.artsandhealth.org

26 - 29 November 2012

University of Notre Dame Australia, Fremantle and DADAA Inc



Partners: Department of Culture and the Arts, Disability Services Commission, St John of God Murdoch Hospital, Australia Council for the Arts, Regional Arts NSW, Tasmanian Regional Arts, Perth Convention Bureau, Port Macquarie Hastings Council, Hong Kong Arts Development Council and the Arts Development Fund of the Home Affairs Bureau, Government of the Hong Kong Special Administrative Region

Please note: The Conference Program may be subject to change. Please refer www.artsandhealth.org

Monday 26 November 2012 and Tuesday 27 November Pre-Conference Guerilla Knitting Workshops Attendance is included in conference registration Please reserve your place as numbers are limited. Tea, coffee and orange juice will be provided	LOCATION
11.00am - 3.00pm:	
Yarns Guerrilla Knitting and Art Trail, facilitated by Lex Randolph, CACD practitioner and Minaxi May Yarns is a community knitting arts hub which will result in a large scale guerilla knitting event, it will be run as part of the 4th Annual International Arts and Health Conference and the 2012 Fremantle Festival from 28 October to 29 November 2012.	'Pop Up Shop' 125 High Street Mall Fremantle
Guerilla Knitting is a form of street art that employs colourful displays of knitted or crocheted fabric to cover and adorn objects in an urban environment.	(opposite Culley's Tearooms)
The workshops will be run out of a 'Pop Up Shop' in a high pedestrian traffic flow area in the centre of the Fremantle business district. The 'Pop Up Shop' will be open five days a week from 11am till 3pm, with knitting workshops running throughout November. This is a free event inclusive and accessible to the whole of community, a pack containing knitting needles/crochet hooks and wool will be provided free for participants. The final outcome will be the FreO Street Doctor bus for the City of Fremantle being wrapped with knitted pieces created by the community during the workshops. The FreO Street Doctor is a mobile medical health service that provides a visible, easily accessible and non-judgmental primary health care service to marginalised, disadvantaged and homeless people in our community. The project will culminate into two, day pre conference workshops on the 26th and 27th of November. They will be run out of the knitting arts hub and be available to the community and the international delegates who are attending the conference. All welcome - come learn to knit, crochet or make a pom-pom and tell us a Yarn.	To reserve your place, please contact Catherine Peattie Email: Catherine@dadaa.org.au

Monday 26 November and Tuesday 27 November: Pre-conference DADAA Workshops LOCATION Attendance is included in conference registration Please reserve your place as numbers are limited. Tea, coffee and orange juice will be provided 9.30am - 4.30pm: Me Myself and I: Printmaking Workshop, facilitated by Matthew Bede Murphy, Curator LAND, The League Education and Treatment Center's Studio Me, Myself and I: Printmaking Workshop and Art Gallery for Adult Artists with Disabilities in New York and Catherine Peattie, Community Arts and Cultural Development, DADAA DADAA Inc. 21 Beach Street, Fremantle Do you like to make art? Each participant will create a library of visual marks, images and personal icons that represent their own take on memory, history and identity. These images will be transformed and collaged through a series of steps that will result in a monoprint. A brainstorming session will see participants draw images, which are representative of their personal ideas. These will be used an 'encyclopedia of content' for the project throughout the session. Participants will then move to create life-size body outlines and then a collage using a variety of cardboards, buttons, fabric and glue. Participants will engage in the monoprint exercise involving press operation and presentation, finishing with a group discussion and review. Street Based Art Intervention, Visual Arts Workshop, facilitated by Chris Williams, Arts Development Manager, DADAA and Sarah Wilkinson, arts Street Based Art Workshop maker Fremantle Town Hall Do you want to make street art? This workshop will work together elements of performance, visual arts and media to create individual street based artworks. The morning session will look at participants' own issues, experiences, or concerns about the greater community, and use these as starting points for subject matter. Participants will also use online research to extended subject matter and find a conceptual, creative approach. Using their chosen subject matter and research, the group will then spread out onto the street in the afternoon, look at urban spaces and people moving in them and develop works that engage with both the street and the people on it. Accessing day to day media and in response to site, the group will work collaboratively to test ideas and develop quick and low tech subtle street based artworks in the urban landscape. The Art of Sound The Art of Sound, Digital Recording and Sound Based Workshop, facilitated by 'Ofa Fotu, singer and songwriter Mallov Courtyard University of Notre Dame Australia, This is a sound based workshop, where delegates and members of the community work alongside people with disabilities, to explore the world of sound Fremantle and digital recording. The workshop focuses on the everyday soundscapes of the 'familiar'. The sounds that often wash over you as you go about the day to day – your footsteps on the path, the sound of your breath, fabric and material friction. What if you were to contribute by replacing unfamiliar sounds back into the place they were once recorded? How would 'the familiar' now be heard with 'the unfamiliar'? This workshop will culminate in an exhibition of individual works, presented on the opening night of the conference on 27 November 2012. To reserve your place.

please contact Catherine Peattie Email: <u>Catherine@dadaa.org.au</u>

Monday 26 November 2012: 5.00pm - 7.00pm Informal Gathering of Conference Delegates in Fremantle - Meet at The Loft, Little Creatures, 40 Mews Road Fremantle

Tuesday 27 November 2012 Pre Conference Workshops, Registrations, Opening Ceremony and Welcome Reception	LOCATION
8.30am – 4.30pm: Conference Registrations at the Arts and Health Australia Help Desk Foyer, Tannock Hall of Education, University of Notre Dame Australia, Fremantle	
Pre Conference workshops presented by DADAA (please see details on preceding page) 9.30am – 4.30pm: Guerrilla Knitting and Art Trail, facilitated by Lex Randolph, CACD practitioner and Minaxi May (Please Note: 11.00am – 3.00pm) Me Myself and I, printmaking workshop, facilitated by Matthew Bede Murphy, Curator LAND, The League Education and Treatment Center's Studio and Art Gallery for Adult Artists with Disabilities in New York and Catherine Peattie, Community Arts and Cultural Development, DADAA Intervention, visual arts workshop, facilitated by Chris Williams, Arts Development Manager, DADAA and Sarah Wilkinson, arts maker The Art of Sound, digital recording and sound based workshop, facilitated by 'Ofa Fotu, singer and songwriter	To reserve your place, please contact Catherine Peattie Email: Catherine@dadaa.org.au Tea, coffee and orange juice will be provided
Official Opening and Welcome Reception – University of Notre Dame Australia, Fremantle Hosted by St John of God Murdoch Hospital 5.30pm – 6.30pm: Official Opening – Tannock Hall of Education, Auditorium Welcome by Margret Meagher, Executive Director of Arts and Health Australia and David Doyle, Executive Director, DADAA Inc Welcome to Country Whadjuk Elder Daniel Garlett • Allanah Lucas, Director-General, Department of Culture and the Arts, WA • Peter Mott, Chief Executive Officer, St John of God Murdoch Hospital, WA • Danny McCubbin, Community and Social Media Editor, www.jamieoliver.com, UK	University of Notre Dame Fremantle
 Clive Parkinson, Director, Arts for Health, Manchester Metropolitan University, UK and Incoming Chair, National Alliance for Arts, Health and Wellbeing, UK: Keynote Presentation: Arts and Health – A small scale global phenomenon: revelation or revolution? Concluding Remarks Margret Meagher Arts and Health Australia and David Doyle, DADAA Inc 6.30pm – 8.30pm Welcome Reception, Malloy Courtyard, University of Notre Dame Australia, Fremantle Smoking Ceremony Whadjuk Elder Trevor Walley 	

Wednesday 28 November 2012 8.00am - 4.00pm: Conference Registrations at Arts and Health Australia Help Desk -Fover Tannock Hall of Education, University of Notre Dame Australia, Fremantle LOCATION Mike White's book Arts Development in Community Health: a social tonic (Radcliffe 2009) is available for sale at the registration desk Wednesday 28 November 2012 9.00am - 11.00am: Plenary Session 1: Arts and Health in Primary and Acute Care Welcome by Margret Meagher, Executive Director, Arts and Health Australia and David Doyle, Executive Director, DADAA Inc Welcome to Country Whadjuk Elder Vera Warrell Opening Remarks: Dr Michael Stanford, Group CEO, St John of God Health Care - Australia, New Zealand and the Asia Pacific Region Keynote Presentations, introduced by Margret Meagher: Victoria Jones, Head of GO Create! Great Ormond Street Hospital for Children NHS Foundation Trust London UK Go Create! @ Great Ormond Street Hospital for Children (GOSH) Auditorium, Molly Carlile, Manager, Palliative Care Services, Austin Health, Melbourne and Arts and Health Program Manager, Olivia Newton John Cancer Tannock Hall of Education Centre for Wellness, Austin Health, Melbourne Finding a place for the arts in an acute facility Elaine Burke, Arts and Health Consultant, former Manager Arts and Health, National Health Service (NHS) UK Arts and Health - Making it Work: a journey through the development of arts and health services in Hull and East Yorkshire NHS Concluding Remarks: Margret Meagher, Executive Director, Arts and Health Australia and David Dovle, Executive Director, DADAA Inc Film: Breathe Magic - Integrating Magic into Rehabilitation for children with hemiplegia (7 mins) This film by **Dieter Deswarte** documents the Breathe Magic Camps in 2012 – following the stories of the young people involved in this creative rehabilitation project, while also providing an insight in to the science and research underpinning this work. Breathe Magic is an innovative new way of delivering therapy for young people with hemiplegia, with demonstrated clinical benefits. Magicians from the Magic Circle have worked with clinical staff to develop specially adapted and scaled magic hand/arm tricks that incorporate within the trick, the therapeutic exercises needed for rehabilitation. Breathe Magic is a Summer Camp program, which consists of 10 days of intensive therapy over a 2-week period, where 10 children with hemiplegia learn these adapted magic tricks in order to become young magicians while at the same time developing their motor skills, confidence and independence. The camp culminates in a magic show where the children perform alongside magic circle magicians in a professional theatre. 11.00am - 11.25am Morning Tea - Malloy Courtyard, University of Notre Dame Australia, Fremantle

Wednesday 28 November 2012: 11.30am - 1.00pm

Wednesday 28 November Session 1, Room 301 **Primary and Acute Care**

Chair: **Molly Carlile**, Austin Health, Melbourne VIC

Hand in Hand: Snapshots
Capturing Healthcare and
Compassion
Oral presentation
Monique Silk, St Vincent's
Hospital, Melbourne; Linda
Espie, Photographer, Artist in
Residence, St Vincent's
Hospital, Melbourne VIC

Breathe Magic Integrating
Magic into Rehabilitation for
children with hemiplegia
Oral presentation
Yvonne Farquharson,
Breathe Arts Health Research
and Guys and St Thomas
Hospital, London

How does art contribute to wellbeing in acute health care settings? Practical lessons from collaborative research Oral presentation

Sally Francis, Arts

Coordinator, Arts in Health at FMC, Flinders Medical Centre, SA; Dr Christine Putland, researcher community arts, public and social policy, public health, Adelaide SA

ARCH - Art in Catholic Healthcare Oral presentation **Lindsay Farrell**, Associate Professor, Australian Catholic University, QLD Wednesday 28 November Session 2, Room 201

Arts and Aboriginal Health

Chair: **Dr Peter Wright**, Murdoch University WA

Gomeroi gaaynggal and Elders yarning about motherhood Oral presentation **Dr Kym Rae,** Gomeroi gaaynggal Centre, University of Newcastle, NSW; **Loretta Weatherall,** Indigenous Research Co-ordinator, Gomeroi gaaynggal Centre, University of Newcastle, NSW; **Megan Naden, Pearl Slater**

The Yarns of the Heart Oral presentation **Nicola Davison**, Project Coordinator and **Geri Hayden**, Aboriginal Art and Culture Coordinator, Community Arts Network Australia (CANWA), Perth WA

Stories from Warlpiri Communities Oral presentation Jenine Mackay, InCite Youth Arts and Arts Access Central Australia, WA

Creative Livelihoods – "it's not just art ... it's a healing thing" Oral presentation **Michelle Leenders**, Program Manager, Australasian Centre for Rural and Remote Mental

Health (ACRRMH), Cairns,

OLD

Wednesday 28 November Session 3, Room 203 **Arts and Community Health**

Chair: **Luke Doyle**, Disability Services Commission WA

Arts and Health at the City of Fremantle
Oral presentation
Alex Marshall, Co-ordinator
Community Development, City
of Fremantle

The No Boundaries Project – an inclusive and accessible art experience Oral presentation Joe Ibbitson, Penrith City Council, NSW

Creativity, spontaneity, healing and health: Nillumbik Shire Council's arts and health focus Oral presentation

Catherine Rutten, Nillumbik Shire Council, VIC

Regeneration: Older people in bushfire affected communities connecting through art Oral presentation Matthew Carroll, Monash University, Melbourne Wednesday 28 November Session 4, Room 302 **Mental Health**

Chair: **Dr Gary Christenson**, University of Minnesota USA

Employing the Arts for Mental Health Messaging to College Students Oral presentation **Dr Gary Christenson**, Chief Medical Officer, Boynton Health Service, University of Minnesota USA

A Black Dog Came Calling Oral presentation **Dr John Darwell,** Lecturer in Photography, University of Cumbria, UK

Determining the wellbeing outcomes of arts engagement and its implications for the promotion of mental health Oral presentation

Dr Julia Anwar McHenry,

Mentally Healthy WA, Curtin
University, Perth WA

Examining stress release effects pre and post visual narrative and artmaking workshops: The Artmaking Visual Narrative and Wellbeing (AVNAW) project Oral presentation Marline Squance, Autoimmune Resource and Research Centre, John Hunter

Hospital Newcastle, **Dr Kathryn Grushka,** Newcastle University, NSW Wednesday 28 November Session 5, Auditorium **Disability and the Arts**

Chair: **Kerry Stopher**, Disability Services Comm WA

Creative Policy and Practice: The Art of Making a Big Difference For People With Disability Oral presentation **Kerry Stopher**, Disability Services Commission, WA

As We Are: Artists Who Have An Intellectual Disability Oral presentation Susan Waller Program Coordinator and Kate Leslie, artists. WA

STARTSPEAK – Closing the digital divide with touchpad training Oral presentation
Simone Flavelle, DADAA,
Sally Hunter, Occupational Therapist, Independent Living Centre, WA, Jessica Rigden, Occupational Therapist, Independent Living Centre,

Art Partners: A Blueprint for an Inclusive Mentoring Program Oral presentation Wanda Ariano, Art Partners, Bunbury WA, Maureen Brearley, Disability Services Commission, Natalie Georgeff, DADAA Inc Wednesday 28 November Session 6, Room 202 **Creative Ageing**

Morning Breakout Sessions 1

Chair: **Adriane Boag**, National Gallery of Australia, Canberra

'Artistic Adventures' - a program run by Alzheimer's Australia WA in conjunction with the Art Gallery of WA Oral presentation Jacqueline Lewis Counsellor- Support Services Art Therapy Consultant -Research and Consultancy Alzheimer's Australia WA

"Creativity Takes Courage"
(Matisse) – Introducing Art
Therapy to a Residential Aged
Care Facility
Oral presentation
Sally Sainsbury and Karen
Gall, Brightwater Care Group,
Oats Street Facility, Perth, WA

Dementia is not contagious but Creativity is! Two Workshops in One Pamela Aldridge and Deborah Treherne, Alzheimer's Australia SA, Glenside. SA

Wednesday 28 November 2012: 1.00pm – 1.50pm: Lunch Malloy Courtyard, University of Notre Dame Australia, Fremantle Mike White's book Arts Development in Community Health: a social tonic (Radcliffe 2009) is available for sale from the registration desk	LOCATION
Wednesday 28 November 2012 2.00pm - 3.45pm Plenary Session 2: International Arts and Health Practice and Research	
Welcome by Margret Meagher , Executive Director, Arts and Health Australia and David Doyle , Executive Director, DADAA Inc	
Opening Remarks: Dr Gary Christenson Chief Medical Officer, Boynton Health Service, University of Minnesota; Adjunct Professor of Psychiatry, University of Minnesota Medical School; President, Global Alliance for Arts and Health, Washington DC, USA: Opportunities for International Collaborations in Research	
Keynote Presentations introduced by David Doyle :	Auditorium Tannock Hall of Education
 Dr Peter Wright, Academic Chair, Research and Postgraduate Studies, Arts Education and Research Methods, School of Education, Murdoch University, Perth WA Arts Practice and Disconnected Youth in Australia: Impact and Domains of Change 	
 Matthew Bede Murphy, curator LAND, The League Education and Treatment Center's Studio and Art Gallery for Adult Artists with Disabilities, New York. Creative Experiences for Adult Artists with Disabilities 	
 The UK – WA Artists' Exchange – Facilitated by Mary Robson Mary Robson Artist, Arts and Health, Centre for Medical Humanities, University of Durham, UK David Doyle, Executive Director, DADAA Inc, Fremantle, WA West Australian artists Poppy van Oorde-Grainger and Renae Coles and UK artists Christina Ingram and James Allott 	
Concluding remarks: Margret Meagher , Executive Director, Arts and Health Australia and David Doyle , Executive Director, DADAA Inc	
Film: Socialising with People, The Lost Generation Project, DADAA Inc (6.33 mins) Charlie lives in the suburb of South Fremantle, located within the City of Fremantle. The City of Fremantle prides itself on being an inclusive and diverse community, acknowledging the Nyoongar people as the custodians of the greater Fremantle area and providing disadvantaged residents and people with disabilities with access to social programs and community life. Charlie is well-connected to his community. His social engagement has arisen in part because of his outgoing nature, and in part because of the welcoming community in which he lives. On a daily basis, Charlie visits local restaurants and cafes, travels on the Fremantle CAT bus and meets people he knows in the street. His relationships with people in his community are positive and he is accepted by those with whom he has regular contact.	

3.45pm - 4.00pm: Rest Break - Meet Charlie in the Foyer

Wednesday 28 November 2012: 4.00pm - 5.30pm Afternoon Breakout Sessions 2						
Wednesday 28 November Session 7, Room 201	Wednesday 28 November Session 8, Room 301	Wednesday 28 November Session 9, Room 202	Wednesday 28 November Session 10, Room 302	Wednesday 28 November Session 11, Auditorium	Wednesday 28 November Session 12, Room 203	
Arts and Community Health	Mental Health	Creative Ageing	Disability and the Arts	Arts Health Research	Arts and Community Health	
Chair: Margret Meagher, Arts and Health Australia, Sydney That 'Thing' That Changed Everything - using creativity as a tool for positive change in young people's lives Oral presentation Sera Harris, Manager, Creative Youth Initiative - Mission Australia, Melissa Miler, social worker, Creative Youth Initiative, Mission Australia To Tweet or not to Tweet - simplifying Social Media Oral presentation Danny McCubbin, Community and Social Media Editor, www.jamieoliver.com, UK Get creative, get active, get involved: A local government's invitation to play – 52 Flashmobs in 52 Weeks Workshop Catherine Rutten, Nillumbik Shire Council, VIC	Chair: Dr Gary Christenson, University of Minnesota, USA The Arts as a unique setting for mental health promotion Oral presentation Sarah Graham, Health Promotion Officer, Act- Belong-Commit, Mentally Healthy WA, Curtin University The "Art" of Recovery. The lived experience and journey from A Consumer Perspective Oral presentation Pauline Miles, COMIC, Fremantle WA Arts Therapy and Mental Health Recovery - the Creative Expression Centre for Arts Therapy and Reflections Art Studio. Workshop Danita Walsh, Creative Expression Centre for Arts Therapy (CECAT)	Chair: Adriane Boag, National Gallery of Australia, Canberra ACT Learning, Bonding and Self Actualization with Creative Paper Clay for individuals affected by Parkinson's Disease Oral presentation Michael Koon Boon Tan, School of Art, Design and Media, Nanyang Technological University, Singapore Look Art Talk – Bathurst Regional Gallery Oral presentation Christine McMillan Arts OutWest, Bathurst NSW Devising creative ageing programs in galleries and museums Group panel discussion and workshop facilitated by speakers from UK and Australian galleries and museums including Wendy Gallagher, Whitworth Art Gallery Manchester UK	Chair: Simone Flavelle, DADAA Inc. WA Art Works: Key Findings from National Research into Arts Employment for People with Disability Oral presentation Natalie Georgeff, DADAA Inc and Andrea Lewis, Communications and Publishing, DADAA Inc Wellbeing through drama for people with Disabilities Oral presentation Juliet Scrine and Ian McColm, The Eaton Gorge Theatre, Wollongong, NSW Accessing the medicine of story – sensory theatre for children with complex disabilities Workshop Michelle Hovane, Co-Artistic Director and Francis Italiano, Co-Artistic Director, Sensorium Theatre	Chair: Dr Peter Wright, Murdoch University, WA Art, music and mental health - related quality of life in older women: Australian Longitudinal Study on Women's Health Oral presentation Dr Jeannine Liddle, Research Centre, Gender, Health, Ageing, Newcastle University Beyond the Pink Ribbon: Using creative arts to explore self-compassion in women with breast cancer Oral presentation Helen Wilson, University of Notre Dame, Fremantle WA Creating Spaces for Voice: a co-creative approach to listening, recognition and dialogue between people with persistent pain & practitioners who work with them Oral presentation Poppy de Souza, University of Melbourne VIC Wellbeing outcomes of participants and spectators at sports versus arts events Oral presentation Dr Julia Anwar McHenry,	Chair: Helen Nikolas, MonashLink Community Health Welcome this is our place Oral presentation Helen Nikolas, MonashLink Community Health Service, VIC Postcard conversations between Australian and Mongolian Women: An Arts and Health Project Oral presentation Dr Janine Brophy Dixon, La Trobe University, VIC A Path with Art: expressing untold Kashmir. A community based art therapy project in Kashmir, India Workshop Dena Lawrence, Hollywood Private Hospital, Ramsay Health Care, Wembley Downs WA	

Wednesday 28 November 2012: 5.30pm – 7.30pm Networking Drinks, Malloy Courtyard, University of Notre Dame Australia, Fremantle

Thursday 29 November 2012 8.00am - 4.00pm: Conference Registrations at Arts and Health Australia Help Desk Fover, Tannock Hall of Education, University of Notre Dame Australia, Fremantle LOCATION Mike White's book Arts Development in Community Health: a social tonic (Radcliffe 2009) is available for sale at the registration desk Thursday 29 November 2012 9.00am - 11.00am: Plenary Session 3: The Arts and Community Health Welcome by Margret Meagher, Executive Director, Arts and Health Australia and David Dovle, Executive Director, DADDA Inc Welcome to Country Whadjuk Elder Dennis Jetta Keynote presentations introduced by Lindsay Lovering, State Manager WA, Musica Viva Danny McCubbin, Community and Social Media Editor, jamieoliver.com, UK and Ambassador Jamie Oliver Foundation Drug rehabilitation and creative pursuits -San Patrignano, one of the most successful drug rehabilitation communities in the world Alison Clough, Pioneer Projects (Celebratory Arts) Limited, Lancaster UK Joining the Dots (between Kalgoorlie and North West England) Associate Professor Christine Leffries-Stokes, Chief Investigator, The Western Desert Kidney Project, The Rural Clinical School of WA. Kalgoorlie WA Annette Stokes, Chief Investigator, The Western Desert Kidney Project, The Rural Clinical School of WA, Kalgoorlie WA Auditorium The Western Desert Kidney Health Project (designed to reduce Diabetes and Kidney Disease by 20% in 10 Western Australian communities) Tannock Hall of Education Concluding remarks: Margret Meagher, Executive Director, Arts and Health Australia and David Dovle, Executive Director, DADDA Inc Film: Leave My Home, produced by YMCA Perth as part of the YMCA Drug Awareness Open Arts Program (3.27 mins) This film tells the story of a day in the life of a young refugee in WA created by students from Aranmore's Intensive English Centre. The piece is written and sung in English, Persian and Dinka. Supported by Department of Culture and the Arts, Young People and the Arts and Healthway WA to promote the Drug Aware message. Facilitating artists: Mat de Koning, Jeremy Jongsma, Scott Optamus Griffiths and Poppy van Oorde-Grainger Film: Access All Areas: A Passport to the Arts for People of all Abilities, produced by Regional Arts NSW (5 mins). A tool to stimulate discussion in a series of workshops in regional NSW for arts organisations and disability services organizations to assist them to access funding for Arts and Disability Projects under the Arts and Disability Partnership established by Arts NSW and Ageing, Disability and Home Care, NSW Government 2012 Arts and Health Australia Awards for Excellence Awards Chair: Molly Carlile, Manager Palliative Care, Austin Health and Manager Arts and Health, Olivia Newton John Cancer and Wellness Centre, Austin Health, Melbourne VIC. The Awards trophy is a boxed, handcrafted pen, made from Australian timbers, by Ian Dorney who discovered his talent for pen making while recovering from depression.

11.00am - 11.25am Morning Tea - Malloy Courtyard, University of Notre Dame Australia, Fremantle

Thursday, 29 November Session 13, Auditorium

Primary and Acute Care

Chair: **Colin Keogh**, St John of God Murdoch Hospital WA

GO Create! Annual Creative Residency Programme Oral presentation Victoria Jones Head of GO Create! Great Ormond Street Hospital for Children NHS Foundation Trust. London. UK

Write about it! Enhancing the wellbeing of hospital staff and community through story telling.

Oral presentation **Helen Corbett**, Northern Health, VIC

The art of dying well
Oral presentation
Molly Carlile, Manager
Palliative Care, Austin Health
Melbourne and Manager Arts
and Health, Olivia NewtonJohn Cancer and Wellness
Centre, Austin Health,
Melbourne VIC

Creative Art in Health Care Settings: Artist in Residency as community engagement at St Vincent's Hospital Caritas Christi Hospice, Kew, VIC Oral presentation **Dr Catherine Bell**, Australian

Dr Catherine Bell, Australia Catholic University, Melbourne VIC Thursday, 29 November Session 14, Room 201

Disability and the Arts

Chair: **Simone Flavelle**, DADAA Inc WA

STARTSPEAK – Closing the Digital Divide with App Creation Oral presentation Simone Flavelle, DADAA Inc, Fremantle, WA, Tim Maley, Patrick Carter, Danielle Giles Cohen

Reviewing the Definition of Disability: Adults with disability as facilitators of musical engagement Oral presentation Nicole Mengel, ANU Music Education Program, School of Music, Canberra, ACT

'CLOSE TO ME' – a journey in music and movement Oral presentation Jenine Mackay, InCite Youth Arts & Arts Access Central Australia, WA

Helping Carolie or Carolie helping? Exploring the perceived musical, social and/or therapeutic benefits of a personalized music intervention for a brain injury patient and her 'helpers'. Oral presentation Nicole Mengel, ANU Music Education Program, School of

Music, Canberra, ACT

Thursday, 29 November Session 15, Room 202

Creative Ageing

Chair: **Dr Maggie Haertsch,** Arts Health Institute, Sydney

Art Never Retires Oral presentation **Noreen Byrne**, General Manager and Kerry Nilan, St Ives Retirement Villages, WA

Never too old! Sharing the joys of exploring the Arts together Oral presentation Anne Heard, ACH Group, SA

Celebration of Life Oral presentation Paul Brophy, Sambell Lodge, Brotherhood of St Laurence, Melbourne VIC

Stimulating and Enhancing Aged Care Clients' Cognitive, Physiological and Spiritual Wellbeing Workshop **Leonard Wee Seng Lim,** Sir

Leonard Wee Seng Lim, Sin Moses Montefiore Jewish Home Hunters Hill, Sydney Thursday, 29 November Session 16, Room 203

Arts Health Education

Chair: **Mary Robson**, Centre for Medical Humanities, University of Durham UK

Holistic Arts and Wellbeing in Education Workshop Carla van Laar, President, Australian Creative Arts Therapies Association (ACATA) and Acting Head, Phoenix Institute of Australia, Melbourne, VIC

Supporting Artists Working with Communities
Oral presentation
Poppy van Oorde-Grainger,
Senior Community Arts Coordinator, YMCA, Perth, WA

Group Discussion facilitated by Mary Robson Education and Training for people working in Arts and Health – What does the Arts and Health sector need? Thursday, 29 November Session 17, 301

Galleries and Museums

Chair: **Adriane Boag**, National Gallery of Australia, Canberra ACT

+ Culture Shots: Just What the Doctor Ordered
Oral presentation
Wendy Gallagher, Arts for
Health Programme Manager,
Whitworth Art Gallery,
Manchester Museum,
University of Manchester, and
Central Manchester University
Hospitals, UK

Orange Art and Health: how art is transforming healthcare environments Oral presentation **Bradley Hammond**, Orange Regional Gallery and Orange Health Service, **Alan Sisley**, Director, Orange Regional Gallery, Orange NSW

St John of God Murdoch
Hospital: Designing and
Commissioning Landmark
Public Art
Group Discussion
Leanne Milligan, Director
Planning and Strategy, St John
of God Murdoch Hospital, WA;
Connie Petrillo, Manager,
Arts Program, St John of God
Murdoch Hospital, WA

Thursday, 29 November Session 18, 302

Health Promotion and Arts

Chair: **Kerry Stopher,**Disability Services
Commission, WA

Fidget: the arts and public health Oral Presentation **Damian Hebron**, London Arts In Health Forum, UK

The 'Billy' Project – the role of seniors in creating a positive and social ecology – connecting children and their families to community Oral presentation **Christopher Mead**, Creature Tales, TAS

Using drama and a creative approach in delivering a healthy lifestyle message Workshop Juliet Scrine and Ian McColm, The Eaton Gorge Theatre, Wollongong, NSW

Thursday 29 November 2012: 1.00pm – 1.50pm: Lunch Malloy Courtyard, University of Notre Dame Australia, Fremantle	LOCATION
Thursday 29 November 2012 2.00pm - 3.30pm Plenary Session 4: Creative Ageing	
Welcome by Margret Meagher, Executive Director, Arts and Health Australia and David Doyle, Executive Director, DADDA Inc	
Introduction and Session Chair: Dementia and Imagination Clive Parkinson, Director, Arts for Health, Manchester Metropolitan University and Incoming Chair, National Alliance of Arts, Health and Wellbeing, UK	
Keynote Presentations introduced by Margret Meagher:	
 Professor Jane Davidson, University of Western Australia, Perth Music, Health and Wellbeing: A Long History of Emotion 	
 Maria Parsons, Creative Dementia Arts Network, Oxford, UK Lost in Time and Space: An Intergenerational Project in Dementia 	Auditorium, Tannock Hall of Education
• Evelyna Liang Kan, Art for All, Hong Kong Grandpa Grandma Memory Boxes	Tunnoek Hun of Budeauon
Concluding remarks: Margret Meagher, Executive Director, Arts and Health Australia and David Doyle, Executive Director, DADDA Inc	
Film: The Smile Within – Introduction Hon Mark Butler MP, Minister for Ageing followed by clip on humour therapy in aged care, Jean-Paul Bell Arts Health Institute, Sydney (4.32 mins)	
Film: Carnival of the Here & Now: A Creature Tales film co-directed with Andy Del Vecchio (4.32 mins) Life is full of possibilities in the here and now. Art and culture at any stage of life stakes its claim, as a community of high care residents and the carnivalesque indulge in spontaneous play and malarkey. Here & Now is an on-going partnership with Island Care, supported by Tasmanian Regional Arts and the Central Coast Council, Ulverstone, Tasmania. Its aim is to apply a myriad of art practices in health care settings that nurture intimate exchanges, connections and promote social inclusion.	

3.30pm - 3.45pm: Rest Break

Thursday 29 November 2012: 3.45pm - 5.30pm

Thursday 29 November Session 19, Room 201

Arts Health Policy

Introduction and Chair: Clive Parkinson, Director, Arts for Health, Manchester Metropolitan University and Incoming Chair, National Alliance for Arts, Health and Wellbeing, UK

Art and health in Australia: developing a national policy framework
Oral presentation **Deborah Mills**, Arts and
Health Foundation, Sydney
NSW

National Arts and Health Policy from a Health Perspective Oral presentation Molly Carlile, Manager Palliative Care, Austin Health Melbourne and Manager Arts and Health, Olivia Newton-John Cancer and Wellness Centre, Austin Health, Melbourne VIC

Tapping into Talent: Improving Access to Cultural Funding Grants for Artists with Disability Oral presentation **Natalie Georgeff**, DADAA Inc, WA Thursday 29 November Session 20, Room 301

Arts, Health and Wellbeing

Chair: **Mary Robson**, Arts and Health, Centre for Medical Humanities, University of Durham UK

More than just an activity: A process of 'enabling self': older women and art and craft activities Oral presentation **Dr Jeannine Liddle**, Research Centre for Gender, Health and Ageing, University of Newcastle, NSW

Cake, creativity and conversations: gathering stories from older women about their experiences of becoming unexpectedly homeless Oral presentation **Denise Dillon Bolland**, Griffith University, Brisbane OLD

Being-with-Uncertainty Workshop **Rebecca Sahr**, Deakin University, VIC Thursday 29 November Session 21, Room 202

Music, Humour and Health

Chair: **Helen Nikolas,** MonashLink Community Health Service, VIC

The Art of Story Telling: Sharing musical memories by utilising intergenerational relationships Oral presentation **Nicole Mengel**, Mount Rogers Primary and ANU Music Engagement Program, Canberra, ACT

From me to you and all of us: A multidisciplinary mapping of observed health, wellbeing and happiness outcomes from a long term participatory music program with asylum seekers Oral presentation

Naomi Sunderland, Griffith University, QLD

Playing Up after the SMILE

Study
Workshop
Dr Maggie Haertsch and Jean
Paul Boll Arts Hoolth

Dr Maggie Haertsch and **Jean Paul Bell**, Arts Health
Institute, NSW

Thursday 29 November Session 22, Room 302

Disability and the Arts

Chair: **Simone Flavelle**, DADAA Inc

Dave Guhl goes to New York Oral paper **Dave Guhl**, artist, Fremantle, WA; **Lisa McGiver**, Dave's sister and carer, Fremantle, WA

Artists by the River Project and Exhibition
Oral presentation
Bevan Dellar, Chairperson
Fairholme Disability Support
Group, Melville WA; Alison
Brokenshire, artist and
facilitator, Artists by the River
Project, Melville, WA; Leanne
Selkirk, Disability Services
Commission, WA, Megan
Salter, artist, WA.

Using art therapy to enhance emotional wellbeing in cases of physical disability Workshop Sally Sainsbury, Brightwater Care Group, Oats Street Facility, Perth WA, Kirsty Lee, Brightwater Care Group, Oats Street Facility, Perth WA Thursday 29 November Session 23, Auditorium

Arts and Aboriginal Health

Chair: **Luke Doyle**, Disability Services Commission WA

"Iwara kunpu artcentre ku" (Strong Healthy Art Centres). Mapping the health promoting benefits of art centres on the Anangu Pitjantjantjarra Yanykunyjt (APY) Lands Oral presentation Maree Meredith, Flinders University, SA

Love Punks, digital animation and creating healthy lives for Roebourne kids
Workshop
Dr David Palmer, Murdoch
University, WA; Josie Samson, senior Ngarluma woman and health worker, Ieramugadu /

Roebourne, WA), Pansy Sambo, senior Yindjibarndi woman and health worker, Ieramugadu/Roebourne, WA, Deb Myers, Creative Producer, Yijala Yala Project, Big hART, WA, Elspeth Blunt, Associate Producer Yijala Yala Project, Big hART, WA Thursday 29 November Session 24, Room 203

Afternoon Breakout Sessions 4

Evaluating Arts Health

Chair: **Dr Peter Wright**, Murdoch University WA

Evaluating Arts and Health Programs Oral presentation **Elaine Burke**, Arts and Health Specialist, UK

Exploring Visual Narrative and Arts Methods for Wellbeing, a transdisciplinary case study Oral presentation **Dr Kathryn Grushka**, Newcastle University, Newcastle NSW

Discover the DOT - individual outcome monitoring tool for arts and health activities. Workshop **Alison Clough**, Pioneer Projects (Celebratory Arts) Limited, Lancaster UK

Thursday 29 November 2012: 5.45pm – 8.30pm Conference Celebration Malloy Courtyard, University of Notre Dame Australia, Fremantle

Conference Posters and Conference Exhibition - Wednesday 28 November & Thursday 29 November 2012 LOCATION Judge the book by its cover - Arts and health in publications - Poster 1 Promoting Arts and Health in a work setting – Poster 2 Jessele Vinluan, Victorian Audit of Surgical Mortality, Royal Australasian College of Surgeons, Melbourne, VIC Tannock Hall of Education University of Notre Dame Australia, Are the arts an effective setting for promoting anti-smoking messages to adults? - Christina Davies UWA (Matthew Knuiman, Terri Pikora, Michael Fremantle Rosenberg) Walk Project "Black Dog Day Drop": Using intervention Art: Performance and Multi media to spread the message of hope. Pauline Miles, COMIC, Fremantle WA Esperance Emergence Project, Stacey Thomas, Bay of Isles Community Outreach Inc, Esperance, WA That 'Thing' That Changed Everything – using creativity as a tool for positive change in young people's lives Sera Harris, Creative Youth Initiative, Mission Australia, Sydney NSW, Jane Gillings, artist, Sydney NSW The arts, mental health and general population - Christina Davies, UWA (Matthew Knuiman, Peter Wright, Michael Rosenberg) Minima maxima sunt (The smallest things are most important): an intergenerational perspective of singing environments Brooke Hendry, ANU Music Education Program, Canberra ACT A case study of research using performers that becomes standard care - Playing Up after the SMILE Study Dr Maggie Haertsch and Jean Paul Bell, Arts Health Institute, NSW 'Artistic Adventures' – a program run by Alzheimer's Australia WA in conjunction with the Art Gallery of WA Jacqueline Lewis, Counsellor, Support Services, Art Therapy Consultant, Research and Consultancy, Alzheimer's Australia WA The journey from hopelessness to hope - where do women go when there's nowhere to go? **Denise Dillon Bolland**, Ph.D candidate, School of Human Services and Social Work, Griffith University, Brisbane QLD **Conference Exhibition: Grandpa Grandma Memory Boxes** Curated by Evelyna Liang Kan, Art for All, Hong Kong Supported by the Hong Kong Arts Development Council and the Arts Development Fund of the Home Affairs Bureau, **Government of the Hong Kong Special Administrative Region** A Multimedia Art Installation exhibition of works created by a group of senior citizens (suffering from visual disabilities and early dementia) and six Hong Kong based visual artists. The exhibition explores the hidden world of the elderly and offers a glimpse into the culture of Hong Kong past by showcasing works in a variety of media that are the creative outcome of the interaction between the artists and seniors and the participation of visitors. The exhibition includes black and white portraits of the elderly in a nostalgic film star style, large-scale collaborative paintings by them and the artists and miniature personal collection treasure boxes. A Collection of Supernovae - Ordinary People's Grand Events, Mak Siu Fung, B&W inkiet photos on canvas Star · Shine · Prologue Collection, Mak Siu Fung and Bellini Yu, colour photos The Fish I Tasted at Home, Wong Wing Fung, documentary photos hand transferred on china plates

Streams of Gourmet, collective painting by elders, painting and collage on table cloth

Cosplay, We Can! photo prints of elders in costume, Hazel Chiu Video Documentation of "Grandpa Grandma Memory Boxes" Exhibition

CONFERENCE SOUND INSTALLATION: DYING TO TELL SPONSORED BY TASMANIAN REGIONAL ARTS AND AUSTRALIA COUNCIL FOR THE ARTS, IN PARTNERSHIP WITH DADAA INC

Dying to Tell - A Sound Installation about dying and living.

Make yourself comfortable on the bed and listen to the stories of people cared for by Hobart's Hospice Volunteers.

Stories from the dying are brought into life through this collaboration. Working with residential care facilities and hospice volunteers, the sound installation artists have recorded interviews that are powerful and inspiring narratives about hope, love and loss. They provide an insightful connection with the experiences of dying – as a part of living – enabling the participants to reclaim their existence.

This sound work was originally presented in the set design of FAMILY, the southern component of The Dance Project, a statewide community initiative of the Australia Council for the Arts. Mature Artists Dance Experience (MADE), Tasmania's innovative contemporary dance theatre ensemble of mature adults, worked in collaboration with Hobart's Hospice Volunteers to create a two part dance and sound installation encapsulating the primary message that death is an essential element of life - and a community in fear and denial of death is a community in fear and denial of life.

Films of the FAMILY Dance Project can be viewed at www.thedanceproject.com.au/region/south. A new short film will be shown during the conference about the participants and process of FAMILY.

Credits: Glen Murray Artistic Director, Sara Wright Community Engagement & Sound Installation, Angie Abdilla Creative Producer, Troy Melville Media Director & Sound Installation FAMILY Production: Natalie Holtsbaum Set and Costume Design, Simon McIntosh Sound Design, Mark Blake Lighting Design & Lighting and Sound Operation, Lesley Graham Dramaturgy, Michael Bullock Production Manager

Project Associates: **Professor Michael Ashby** Director of Palliative Care, Royal Hobart Hospital, **Lucia Ikin** Project Associate (Hospice), Anna Hill Hospice Care Association of Southern Tasmania, Jenny Fuller & Bruce Wilson Healthy Dying Initiative, Glenview Nursing Home, Hawthorn Village Nursing Home, Hobart City Council

EXHIBITION OF WORKS BY CREATURE TALES SPONSORED BY TASMANIAN REGIONAL ARTS, IN PARTNERSHIP WITH DADAA INC

Photographic Exhibition: Billy - a Neighbourly Neighbourhood kind of project

Billy is a "Communities for Children" initiative supported by Centacare Burnie and the Federal Government. Its aim is to build social capital and stronger resilient communities in areas of disadvantage with families and children under 12. Tasmanian Photographer Rick Eaves captures the "BILLY" Project reminding us how we used to play, make and interact with each other in our neighbourhoods. As little "Billy's" make the transition to full time schooling, a community of families, seniors, and artists make our children's best start possible their collective priority.

Interactive Community Works: Billy and Amaroo Village, WA

A Creature Tales / Amaroo Village collaboration, a conference demonstration workshop. Three residents from Amaroo Village will join with a young family to make a children's billycart and a wheeliecart for the seniors, led by the Creature Tales team. This event replicates a model of work from North West Tasmania. The focus is on children's precious beginnings, surrounding them with intergenerational circles of influence led by community seniors.

Credits: Chris Mead, Director Creature Tales, Stephanie Finn, Producer Creature Tales, Emily Goss, Amaroo Village, Andy Trudgian and Jason Burrows, volunteer billycart makers from Tasmania

The Art of Good Health and Wellbeing International Arts and Health Conference, Fremantle, November 2012 www.artsandhealth.org e: info@artsandhealth.org Tel: 0416 641 482 Conference Program Page 13

ADDITIONAL CONFERENCE SHORT FILMS (screenings to be advised at Conference)

Produced by Big hART's Yijala Yala Project, made with the Ieramugadu Community (Roebourne) and Supported by Woodside Energy Ltd.

FUTURESMASH

Short documentary. Running time: 2.10 mins

11 year old FutureSmash is a Love Punk from Roebourne with big dreams for his future.

http://vimeo.com/43650829

IUNK PUNKS

Music video clip. Running time: 1.15 mins

As seen on ABC TV's 'rage'. A group of 7-14 year old Love Punks from Roebourne inject everything they touch with raw creative energy, turning oil drums and industrial garbage into music and red dust into a dance floor.

http://vimeo.com/41964083

RIVER GIRLS

Dance film. Running time: 2.37 mins

As the girls emerge from the banks of the river they venture within the secure environment of their Wunduwa (river); a gathering place to wonder, play, fish, swim, laze in the sun and dance. http://vimeo.com/38900784

RIVER MEMORIES

Short Documentary. Running time: 2.32 mins

Senior Yindjibarndi woman **Pansy Sambo** talks of her childhood growing up on the Ngurin, which used to be the focal point of Ieramugadu (Roebourne) until it was dammed in the 1980's. Now the Ngurin only flows every once in a while when there is enough rain to overflow the dam.

http://vimeo.com/47854185

INTERNATIONAL LOVEPUNKS

Short documentary. Running time: 3.05 mins

Two young people from Roebourne were invited to the Bucheon International Comic Festival to teach South Korean children how to design their own Love Punks in Photoshop.

http://vimeo.com/52725073

NEOMAD Episode 1: Space Junk

Short drama. Running time: 3.17 mins

It's the year 2076 and the fate of humanity rests in the hands of ten young heroes known as the Love Punks! Young people from Roebourne star in an epic science fiction film that forms part of NEOMAD, an interactive comic made for iPad which includes film, animation, voice overs and music.

http://vimeo.com/47141425

Rockets and Rehearsals

Short documentary. Running time: 3.02 mins. Best screened after the above film (NEOMAD Episode 1: Space Junk) Go behind the scenes as the Love Punks describe how they made the NEOMAD Episode 1: Space Junk short film. http://vimeo.com/46567425

Josie's Family Trip

Short Documentary. Running time: 3.32 mins

Senior Ngarluma woman **Josie Samson** takes her daughters and grandchildren to experience the places her family went fishing and camping when she was young. http://vimeo.com/47974997