THE ART OF Good Health and Wellbeing International Arts and Health Conference

ARTS AND HEALTH AUSTRALIA

Healthy People, Healthy Communities - engaging with the Arts

www.artsandhealth.org

14 - 17 November 2011

National Gallery of Australia, Canberra (NGA) and the National Portrait Gallery, Canberra (NPG)

Monday 14 November 2011 Pre-conference Workshops, Registrations, Opening Ceremony and Welcome Reception	LOCATION
9.00am - 5.00pm: Conference Registrations at Arts and Health Australia Help Desk	Level 1 Foyer Outside James O Fairfax Theatre National Gallery of Australia
Optional pre-conference workshop: 9.30am – 3.30pm: Toolkit: Arts in Healthcare Program Essentials, Building and Sustaining Arts in Health Programs Dominic Campbell, Artistic Director, Bealtaine Festival, Ireland Molly Carlile, Manager, Palliative Care Services and Arts and Health Program Manager, Olivia Newton John Cancer Centre for Wellness, Austin Health, Melbourne Dr Gerri Frager, Medical Director, Pediatric Palliative Care Service, IWK Health Centre, Halifax, Nova Scotia and Director of the Medical Humanities HEALS program, Dalhousie University, Halifax, Nova Scotia, Canada Clive Parkinson, Director, Arts for Health, Manchester Metropolitan University, UK Margret Meagher, Executive Director, Arts and Health Australia and The Australian Centre for Creative Ageing, NSW Alice Thwalte, Director of Development, Equal Arts, Newcastle, UK Mike White, Research and Development Fellow, Arts in Health, The Centre for Medical Humanities and St Chad's College, University of Durham, UK A practical workshop, drawing on best practice models, to guide the development, management, marketing and funding of arts and health programs in hospitals, aged care facilities, schools, community health organisations, local government and business. Opportunities and challenges - for artists, arts companies, community organisations, health professionals, hospitals and medical practices Creating a Strategic Plan for an Arts and Health Program What makes for good practice and development in community based arts in health? Guidelines for recruiting and training artists	National Gallery of Australia Gandel Hall West Morning tea and lunch provided
Arts and Health in hospitals Arts and Health programs for aged care facilities Fundraising and Marketing Program Evaluation and Research	

Monday 14 November 2011 Pre-conference Workshops, Registrations, Opening Ceremony and Welcome Reception	LOCATION
Optional pre-conference workshop: 9.30am – 12.30pm: Art and Dementia Training Workshop and Discussion Group	
A Professional Development Workshop. Demonstration Tour and Discussion Group regarding programs specifically designed for people with dementia and their carers	
Carrie McGee, Educator, Community and Access Programs, including the Meet me at MoMA Alzheimer's Program, Museum of Modern Art, New York Adriane Boag, Youth and Community Programs, National Gallery of Australia (NGA), Canberra. Sally Collignon, Art and Alzheimer's Outreach Program Coordinator, National Gallery of Australia (NGA), Canberra Jill Wylie, Art and Memory Tours Coordinator and Program Administrator, National Gallery of Victoria (NGV), Melbourne Dodi Rose, Voluntary Guide, Art and Memory Program, National Gallery of Victoria (NGV), Melbourne Juanita Bekinschtein, Lifestyle Program, Emmy Monash Aged Care, Melbourne	Small Theatre National Gallery of Australia
The training workshop will offer a blueprint for a museum or art gallery considering an Art and Dementia program and equip museum professionals with methods of making art accessible to people with Alzheimer's disease and their carers. The workshop will also offer training to health professionals working in hospitals, aged care facilities and community health services.	
1.30pm – 2.30pm: Complimentary Tours, National Gallery of Australia – Meet Front Desk NGA 3.00pm – 3.40pm: Complimentary Tours, National Portrait Gallery – Meet Front Desk NPG	National Gallery of Australia National Portrait Gallery Meet Front Desk of NGA and NPG
5.00pm – 6.15pm: Official Opening James O Fairfax Theatre including Plenary Address	
Welcome by Margret Meagher, Executive Director of Arts and Health Australia and Acknowledgement of Country by Gabriella Carroll, Conference Chair.	
Simon Elliott, Assistant Director, Cultural and Educational Services, National Gallery of Australia welcomes conference delegates to the NGA and launches the NGA's Art and Alzheimer's Outreach Program Training DVD	James O Fairfax Theatre
Official Opening by Gai Brodtmann MP , Member for Canberra on behalf of The Hon Simon Crean MP , Minister for Regional Australia, Regional Development and Local Government, Minister for the Arts	Gandel Hall
Clive Parkinson, Director, Arts for Health, Manchester Metropolitan University Plenary Address: The Interior, Design and Health which poses the question "Just how relevant are the arts if you've been given a diagnosis of cancer or dementia?"	National Gallery of Australia
Amy Vee, singer and songwriter, featuring compositions from her latest EP Let Sleeping Dogs Lie	
6.15pm – 8pm Welcome Reception Gandel Hall and Terrace	

LOCATION
Level 1 Foyer Outside James O Fairfax Theatre National Gallery of Australia
James O Fairfax Theatre National Gallery of Australia
James O Fairfax Theatre
National Gallery of Australia
Gandel Hall

Tuesday 15 November 2011: 11am - 12.30pm

Breakout Sessions 1

Tuesday 15 November Session 1 Gandel Hall West, NGA 11am – 12.30pm

Arts and Health in Cancer Care

Oral presentation
Molly Carlile, Manager,
Palliative Care Services, Austin
Health and Arts and Health
Program Manager, Olivia
Newton John Cancer Wellness
Centre, Austin Health,
Melbourne

Not Dead Yet: The two lives of This Dying Business (a play) in 1991 and 2011

Oral presentation
Peta Murray, The Groundswell
Project, Sydney and Rachel
Bilton-Simek, Calvary Health
Care, Canberra

Striving for Balance: 'Medical' Art Therapy, Community Palliative Care Workshop

Yvonne Sherring, Art Psychotherapist, Peninsula Hospice Service and Eastern Palliative Care, Melbourne Tuesday 15 November Session 2 Small Theatre, NGA 11am – 12.30pm

Creative works – Arts and Ageing

Oral presentation Josephine Boylan and Michele Wilkie, ACH Group, Adelaide

Ageing with the creative arts: a transformative meridian Oral presentation

Pamela Bruder, Life Enrichment Program, Emmy Monash Aged Care and University of Melbourne

Memory Lane Cafe Winter Ball Oral presentation

Pamela Aldridge, Dementia Educator, Early Intervention, Alzheimer's Australia SA, Glenside, South Australia

Stories Unfold

Oral presentation **Jane Gover,** North Sydney Council, Sydney Tuesday 15 November Session 3 James O Fairfax, NGA 11am – 12.30pm

The Medical Humanities Oral presentation Dr Gerri Frager

Medical Director, Pediatric Palliative Care Service, IWK Health Centre, Halifax, Nova Scotia and Director of the Medical Humanities - HEALS program, Dalhousie University, Halifax, Nova Scotia, Canada

State-wide establishment of Pocket Simulation Centres in Queensland

Oral presentation Lucas Tomczak and Jessica Kassel, Queensland Health Clinical Skills Development Service, Brisbane

Beyond the Illustration of Research Data

Oral presentation
Julie Mooney-Somers, Centre
for Values, Ethics, and the Law
in Medicine (VELiM), University
of Sydney and Kris Smith,
University of Newcastle, School
of Drama, Fine Art and Music,
Growing up with Cancer
Research Project. NSW

Expressive writing for people with type 2 diabetes Oral presentation

Joanna Crawford, Urban Mental Health Research Institute, St Vincent's Hospital, Sydney Tuesday 15 November Session 4 Liangis Theatre, NPG 11am – 12.30pm

A Stitch in Time: Strong Women's Domestic Violence Prevention Quilt

Oral presentation **Kelly-lee Hickey,** Community Development and Training Alice Springs Women's Shelter, Northern Territory

Art for learning and transition: how a community weave initiative has united a hospital community

Oral presentation Chantel Scrimshaw, Leading Teacher, Royal Children's Hospital Education Institute, Melbourne

Arts for Children Oral presentation

Jacqueline Goy and Desiree Deravi, Caulfield Community Health Service, Melbourne

Green exercise and community art Oral presentation

Jane Christie and Andrea Farley, Health Promotion worker, Gippsland Lakes Community Health, Victoria Tuesday 15 November Session 5 Terrace Room 2, NPG 11am – 12.30pm

art+action: creative advocacy Oral presentation Kate Larsen, CEO, Arts Access Australia, Melbourne

Supporting a paradigm shift in abilitation, by shifting the focus from the site of disability to embodied imaginative engagement Oral Presentation Danielle Wilde, Monash and CSIRO Victoria

Disseminate: our efforts and evidence Workshop

Natalie Georgeff, Research Coordinator, Andrea Lewis Manager Community Sector, and David Doyle, Executive Director, DADAA WA, Fremantle Tuesday 15 November Session 6 NGA Fern Garden - Meet Ground Floor Foyer, NGA 11am – 12.30pm

Sound, Colour, Painting, Sculpture, a Multi-layered Pathway to Health Workshop

Dian Booth, psychologist, violinist and Founding Director, Sound Healing, Hobart and Margaret Lange, community health social worker, Tasmania.

Participants will recreate in sound an artwork of an environmental sculpture. The result will be a journey into intuitive and spontaneous composition by the group, encouraging personal insight and the opportunity for self healing.

This approach forms the basis of working with groups on many Community Health issues. Indigenous musical instruments supplied; minimum skill required to play.

Tuesday 15 November 2011: 12.30pm – 1.30pm: Lunch Gandel Hall	LOCATION Gandel Hall National Gallery of Australia
Tuesday 15 November 2011: 1.45pm – 3.30pm Plenary Session 2: The Arts and Community Health	
Chair: Frank Panucci, Director, Community Partnerships, Australia Council for the Arts Mike White, Research and Development Fellow in Arts in Health, Centre for Medical Humanities and St Chad's College, University of Durham, England; author of Arts Development in Community Health: a social tonic (Radcliffe 2009) Art in Health: A New Prognosis Imants Tillers, Artist "Like a garden that is never finished, the work of an artist is forever in the process of becoming" Kim McConville, Beyond Empathy, NSW Just One Less Social Sculpture Project – Armidale	James O Fairfax Theatre National Gallery of Australia
David Doyle, Executive Director, DADAA, Fremantle and David Handley, Founding Director, Sculpture by the Sea, Sydney Sculpture by the Sea Tactile Tours Q & A Signed copies of Mike White's book Arts Development in Community Health: a social tonic (Radcliffe 2009) and copies of the NGA's 2006 exhibition catalogue Imants Tillers: one world many visions, Deborah Hart (ed.), are available from the National Gallery of Australia Conference Bookstore, Ground Floor	

Tuesday 15 November 2011: 3.45pm - 5.15pm

Breakout Sessions 2

Tuesday 15 November Session 7 Liangis Theatre, NPG 3.45pm – 5.15pm

Inner Worlds: portraits and psychology
Oral presentation
Christopher Chapman, Curator,
National Portrait Gallery,
Canberra

Busting Cancer: promoting screening and early detection of women's cancer in Western Sydney through the arts Oral presentation Kerrie Noonan, Director, The Groundswell Project, Sydney

An arts-based approach to a public health issue: Identifying student views on obesity and body image

Oral presentation **Rasha Tayeh**, Health Promotion Officer, Merri Community Health Services, Victoria

The role of the arts in rebuilding communities following Victoria's Black Saturday bushfires Oral presentation Natalie Fisher, NSF Consulting, Sydney Tuesday 15 November Session 8 Terrace Room 2, NPG 3.45pm – 5.15pm

Interactive Music Technology for Distraction, Entertainment and Wellbeing Oral presentation

Samantha Ewart, School of Music, University of Western Sydney

Mindframe Stage and Screen:

An evidence-based, cross-sectoral and collaborative approach to developing accurate and truthful depictions of mental illness and suicide in Australian film, television and theatre Oral presentation

Amy Laybutt, Senior Project Officer, Mindframe Stage and Screen, Hunter Institute of Mental Health, Newcastle, in partnership with the Australian

Writers' Guild and SANE

Australia

Singing for Breathing: integrating an 'alternative' therapy for respiratory disease in a hospital Workshop Victoria Hume, rb&hArts, Royal Brompton & Harefield NHS Foundation Trust and Imperial College, London and Chair, London Arts and Health Forum, UK Tuesday 15 November Session 9 Terrace Room 1, NPG 3.45pm – 5.15pm

The artistic decoration at the St Vincent's Hospital Children's Ward
Oral presentation
Carl Yuile General Manager, St Vincent's Hospital, Toowoomba and Delene
Cuddihy, Regional Archivist, St Vincent's Health and Aged Care.

Rabbit Ray
Oral presentation
Esther Wang ChunShu,
Nanyang Technological
University, Singapore

Brisbane

Art and Spirituality in Catholic Healthcare – Research at St Vincent's Hospital Workshop Lindsay Farrell, Australian Catholic University, Banyo, QLD Tuesday 15 November Session 10 Small Theatre, NGA 3.45pm – 5.15pm

Using the arts to create new and meaningful ways of connecting with people and thus changing lives - theirs and ours!
Oral presentation
Marianne Naughton

Finding the Person inside the Patient
Oral presentation
Leonie Green, GEM unit, Port
Macquarie Base Hospital

self care
Workshop
Denise Dillon Bolland, artist, art
and narrative therapist, Founder,
Unlimited Creativity, Brisbane

The value of playfulness for

Tuesday 15 November Session 11 James O Fairfax, NGA 3.45pm – 5.15pm

Smiles are everywhere:

introducing clown-play and humour into your practice Workshop Bernie Warren, Professor of Drama in Education and Community, University of Windsor, Canada and founder, Fools for Health, Canada; Dr Peter Spitzer, Chief Investigator SMILE Study, UNSW and Medical Director, Humour Foundation. Sydney and

Medical Officer, Southern

Bowral, NSW

Highlands Private Hospital,

Tuesday 15 November Session 12 Gandel Hall West, NGA 3.45pm – 5.15pm

Conference Tuesday Evening Event Setup

Tuesday 15 November 2011: 5.30pm – 7.30pm Findings: The Story of the Lost Generation Project Launch

Established in 2007, the Lost Generation Project now has significant outcomes and is the focus of the Disseminate project's evaluation activities in 2010 – 2011. The project partners DADAA Inc., the West Australian Disability Services Commission and Rio Tinto are proud to launch the resulting documentary as part of The Art of Good Health and Wellbeing conference.

LOCATION

Gandel Hall National Gallery of Australia

Wednesday 16 November 2011 Plenary Session 3: Creative Ageing	LOCATION
8.00am – 5.00pm: Conference Registrations at Arts and Health Australia Help Desk	Level 1 Foyer Outside James O Fairfax Theatre National Gallery of Australia
8.30am: Welcome to the Second Day of the Conference Welcome by Margret Meagher, Executive Director, Arts and Health Australia and The Australian Centre for Creative Ageing Acknowledgement of Country, Gabriella Carroll, Conference Chair, Arts and Health Australia	James O Fairfax Theatre National Gallery of Australia
9.00am – 10.30am: Plenary Session 3: Creative Ageing Chair: Carrie McGee, Educator, Community and Access Programs, Department of Education, Museum of Modern Art New York: including the Meet me at MoMA Alzheimer's Program Adriane Boag, Program Coordinator, Youth and Community Programs, Education, National Gallery of Australia, Canberra Creative Ageing at the NGA and the NGA's Art and Dementia Outreach Program Alice Thwaite, Director, Equal Arts, Newcastle, UK Creative Ageing in the UK including Carers' programs Dominic Campbell, Festival Director, Bealtaine, Ireland What kind of old do I want to be and what kind of world do I want to grow older in?" Q & A	James O Fairfax Theatre National Gallery of Australia
10.30am – 10.55am: Morning Tea	Gandel Hall National Gallery of Australia

Wednesday 16 November 2011: 11am - 12.30pm

Breakout Sessions 3

Wednesday 16 November Session 13 Small Theatre, NGA 11am – 12.30pm

Creating Breathing Space: openness, dissonance and drawing breath

Oral presentation **Cecilia White**, Coordinator and developer, Wellness@UoN program, University of Newcastle

Don't Forget to Breathe and Smile: Breathing Exercises as Warm-ups for Art Activities in Healthcare Settings Workshop

Bernie Warren, Professor of Drama in Education and Community, University of Windsor, Canada and founder, Fools for Health, Canada Wednesday 16 November Session 14 James O Fairfax, NGA 11am – 12.30pm

Arts and Health Strategy,
Orange Health Service
Oral presentation
Meg Simpson, Area
Coordinator, Health Promotion
and Early Intervention, Western
NSW Local Health District,
including Bloomfield Psychiatric
Hospital, Orange, NSW;
Gabriella Hegyes, artist,
Orange. NSW

A partnership in practice
Oral presentation
Tracey Callinan, Arts Outwest
and Christine McMillan, Arts
and Health Coordinator, Arts
Outwest. Bathurst, NSW

Influencing Positive Mental Health

Oral presentation
Libby Hanlon, Murrumbidgee
Medicare Local Ltd NSW and
Sarah Heinjus, Murrumbidgee
Medicare Local Ltd NSW

What About Me? The Wellbeing of Arts and Health Workers

Oral presentation / Workshop **Dr Jane Kreis,** Regional Arts Development Officer and Executive Officer, Arts North West, Glen Innes, NSW Wednesday 16 November Session 15 Gandel Hall West, NGA 11am – 12.30pm

"Grandpa Grandma Memory Boxes" An Art exhibition and sharing of art intervention methods for elderly with memory loss Oral presentation Evelyna Liang Kan, Art for All, Hong Kong

ART meets SCIENCE
Oral presentation
Beverley Giles, Independent
Care Consultant and Educator,
Queensland; Glen Murray,
Founder and Director, Mature
Artists Dance Experience
(MADE), Tasmania

"Reach for the HeART" therapeutic art workshop for geriatric patients Oral presentation Grace Cheng, Director, Art in Hospital, Hong Kong

FLOURISH – Art Mentoring Program AASA Oral presentation Deborah Treherne and Michele Wilkie, Alzheimer's Australia SA, Glenside, South Australia Wednesday 16 November Session 16 Terrace Room 1, NPG 11am – 12.30pm

Why Sing? Healing our world one song at a time. Oral presentation Angela Sharp and Lisa Lanzi, BodySONG, Adelaide

Group singing, community mental health and wellbeing Oral presentation Heather Gridley, Honorary Fellow, Victoria University and member Brunswick Women's Choir, Melbourne

'There's a lot more than just singing happening here': altruistic music making as empathy development. Workshop Susan West, ANU School of Music. Canberra and Canberra

school children

Wednesday 16 November Session 17 Terrace Room 2, NPG 11am – 12.30pm

Who Cares? Health, Wellbeing and Museums

Oral presentation

Wendy Gallagher, Whitworth Art Gallery, Manchester Museum, the University of Manchester

The War on Malaria: artistic documentation of front-line medical research Oral presentation Cherie Prosser, Art Curator, Australian War Memorial, Canberra

The challenge of addressing health via Interior Architecture Oral presentation Christine dos Santos, interior architect/designer, graduate Interior Architecture, Curtin

Interior Architecture, Curtin University, WA and **Kristen Abrusci**, designer, Hillam Architects, graduate Interior Architecture, Curtin University, WA

Choice Cuts – The Case for Safeguarding Arts & Health Services for Older Patients Oral presentation Bob Carey-Grieve, Art in Hospital, Glasgow Wednesday 16 November Session 18 Liangis Theatre, NPG 11am – 12.30pm

Through our mothers eyes – Participant perspectives from the Gomeroi gaaynggal program

Oral presentation **Kym Rae,** University of Newcastle

Young women, protective behaviours, and the Arts Oral presentation Dr Peter Wright, Senior

Lecturer, Arts Education and Research Methods, Academic Chair, Research and Postgraduate Studies, School of Education, Murdoch University, Perth WA

Participative community singing intervention program and Promotion of Mental Health of Aboriginal and Torres Strait Islander people in Australia

Oral Presentation

Jing Sun, Griffith University QLD

DRASTIC – creating a culture where art and community are embraced as a pathway to health and wellbeing
Oral presentation
Libby Harward, Founder and
Creative Director, Gold Coast
Drug Council's Inter Urban Arts team and Angela Delaney,
Music Therapist, Gold Coast
Drug Council, Queensland

Wednesday 16 November 2011: 12.30pm – 1.30pm: Lunch Gandel Hall and Terrace	LOCATION
	Gandel Hall National Gallery of Australia
Wednesday 16 November 2011: 1.30pm – 2.25pm:	
"Making it concrete: exploring the potential of works of art."	
Groups of 15-20 delegates will participate in a variety of activities facilitated by National Gallery of Australia staff to experience the richness of the gallery's collection and the power of the arts to promote wellbeing. Please register for your preferred session by morning tea time today.	
Good Strong Powerful - Join Curator Penny Campton , Program Officer, Arts Access Darwin NT to discuss the exhibition and to learn about the public programs the National Gallery of Australia delivers to promote inclusion. (1 session x 20 delegates)	
Draw Together - based on the Gallery's intergenerational drawing program, artist/educators will lead workshops promoting the value of drawing as a tool to engage with works of art. No drawing skills necessary and all materials supplied. (5 sessions x 15 delegates)	Meet in Gandel Hall West
Slow Art: The art of sustained looking - based on the Gallery's slow art program, delegates will take time look at and discuss works of art, led by Katie Russell and Michelle Fracaro . (2 sessions x 15 delegates)	
artmed - based on the National Gallery of Australia and Australian National University's collaborative program for medical students, delegates will participate in a facilitated discussion where communication and observational skills are explored in response to a work of art. (2 sessions x 15 delegates)	
Wednesday 16 November 2011: 2.30pm - 4.00pm: Plenary Session 4: Health Education and the Arts	
Chair: Professor Brad Haseman, Assistant Dean (Research), Creative Industries Faculty, Queensland University of Technology and Chair, Community Partnerships Committee, Australia Council for the Arts.	
Dr Gerri Frager, Medical Director, Pediatric Palliative Care Service, IWK Health Centre, Halifax, Nova Scotia and Director of the Medical Humanities – HEALS program, Dalhousie University Ed's Story: The Dragon Chronicles	
Dr Gary Christenson, Director of Mental Health, Boynton Health Service, adjunct professor of psychiatry, University of Minnesota Medical School, President, Society for the Arts in Healthcare, Washington DC Five Reasons Why We Need the Arts in Medicine	James O Fairfax Theatre National Gallery of Australia
Dr Bernie Warren , Professor of Drama in Education and Community, University of Windsor, Canada and Founder, FOOLS FOR HEALTH, working in hospitals and healthcare facilities as Dr Haven't-a-Clue	
Dr Peter Spitzer GP, Medical Director, Humour Foundation, Chief Investigator, SMILE Study, University of New South Wales and Visiting Medical Officer, Southern Highlands Private Hospital, NSW	
Memories of a smile: Twenty-five years of clowns promoting good health and wellbeing across the lifespan in hospitals and residential care facilities Q & A	

Wednesday 16 November 2011: 4.15pm - 5.30pm

Breakout Sessions 4

Wednesday 16 November Session 19 Liangis Theatre, NPG 4.15pm – 5.30pm

Inclusion in the Arts Through Captioning – Access and Social Inclusion for the deaf and hearing impaired Oral presentation Nari Jennings, Co-founder, The Captioning Studio, Adelaide

New Cinema with Difference – Inclusive Filmmaking Workshop Caro Roach, Arts Access ACT and Genevieve Clay-Smith, Taste Media and Bus Stop Films Inclusive Filmmaking Wednesday 16 November Session 20 James O Fairfax, NGA 4.15pm – 5.30pm

Art and Health: integrating Art Humanities into health education of undergraduate health science students in rural/remote Australia Oral Presentation Paul Bennett, University of Sydney and James Giddey, RADO, West Darling Arts, NSW

Clinical skills development using eLearning to support education research Oral presentation Jessica Kassel, Technical Writer, Queensland Health Clinical Skills Development Service, Brisbane

Soothing Stress: Writing Through Troubled Times Workshop Edwina Cowdery Wednesday 16 November Session 21 Small Theatre, NGA 4.15pm – 5.30pm

Not Dead Yet: The two lives of This Dying Business (a play) in 1991 and 2011 Play Reading Peta Murray, writer and playwright, Creative Consultant, The Groundswell Project, Sydney and Rachel Bilton-Simek, Palliative Care Educator, Calvary Health Care ACT, Canberra Wednesday 16 November Session 22 Terrace Room 1, NPG 4.15pm – 5.30pm

Moving Minds – Season Two. Short films by people living with mental illness Workshop Jenni Savigny, Community Artist, Mental Illness Education ACT, Canberra

Art Works Workshop Kate Larsen, Arts Access Australia and Natalie Georgeff and Andrea Lewis DADAA WA Wednesday 16 November Session 23 Terrace Room 2, NPG 4.15pm – 5.30pm

Identity: Sharing Stories
Oral presentation
Amanda Andlee Poland,
Manager, Education and Visitor
Services, National Portrait
Gallery, Canberra; Deborah
Tranter, Director, Student Equity
and Educational Enhancement,
Australian National University,
Canberra

The Smile Within
Film and Workshop
Maggie Haertsch, Founder and
CEO and Jean-Paul Bell,
Creative Director, Arts Health
Institute, Sydney

Wednesday 16 November Session 24 Gandel Hall West, NGA 4.15pm – 5.30pm

Creative Paper Play and Parkinson's Disease: Shaping Identities, Enriching Lives Oral presentation Michael Thaddeus Koon Boon Tan, School of Art, Design and Media, Nanyang Technological University, Singapore

Art as a Therapy for Parkinson's Workshop Nancy Tingey, Parkinson's ACT, Canberra; John Pratt, School of Art, ANU, Canberra

Wednesday 16 November 2011: 5.30pm - 7.30pm: Networking Party NGA Level 1 Foyer

LOCATION

Level 1 Foyer National Gallery of Australia

Thursday 17 November 2011: Plenary Session 5: Arts and Health Research and Evaluation and Critical Mass: A Vision for International Arts and Health Practice and Research	LOCATION
8.00am – 9.30am: Conference Registrations at Arts and Health Australia Help Desk	Level 1 Foyer Outside James O Fairfax Theatre National Gallery of Australia
8.30am: Welcome to the Final Day of the Conference	
Welcome to presenters and delegates by Margret Meagher, Executive Director, Arts and Health Australia and The Australian Centre for Creative Ageing Acknowledgement of Country, Gabriella Carroll, Conference Chair, Arts and Health Australia	James O Fairfax Theatre
Breathe and Smile, Bernie Warren, Professor of Drama in Education and Community, University of Windsor, Canada and founder, Fools for Health, Canada	
Chair: Dr Peter Wright, Senior Lecturer, Arts Education and Research Methods, Academic Chair, Research and Postgraduate Studies, School of Education, Murdoch University, Perth WA Professor Brad Haseman, Professor and Assistant Dean (Research) for the Creative Industries Faculty QUT Assistance Dean (Research), Creative Industries Faculty, Queensland University of Technology and Chair, Community Partnerships Committee, Australia Council for the Arts. When you cannot 'Suit the action to the word, the word to the action': the case for performative evaluation Professor Robyn Richmond, School of Public health, University of NSW Art Assisting Smoking Prisoners to Quit Lindsay Lovering, Arts Program Manager, Healthway WA An overview of Healthway's Arts Sponsorship Program and the value of evaluation to develop strategies to effectively target 'at risk' sectors of the community through the use of sponsorship as a vehicle for health promotion Q & A	James O Fairfax Theatre National Gallery of Australia
10.30am – 11.00am: Arts and Health Australia Awards for Excellence 2011 The Awards trophy is a boxed, handcrafted pen, made from Australian timbers, by Ian Dorney who discovered his talent for pen making while recovering his health.	James O Fairfax Theatre National Gallery of Australia

Thursday 17 November 2011: 11.30am – 12.45pm: Arts and Health Critical Mass Debate: Vision for the Future in Australia and Internationally

Session Chair Margret Meagher , Executive Director, Arts and Health Australia
Sally Basser, Office for the Arts, Prime Minister and Cabinet, Canberra - National Cultural Policy

ACHIEVING CRITICAL MASS – A panel discussion on international development of research and practice in community-based arts in health Critical Mass Chair: Mike White

Critical Mass Panel - Dominic Campbell, Gary Christenson, David Doyle, Carrie McGee, Clive Parkinson, Dr. Peter Wright

In June this year, the Centre for Medical Humanities convened a 'critical mass' meeting in Durham of its international partners in community-based arts in health.

Leading practitioners and researchers in this field came from the UK, United States, Australia, South Africa, Mexico and Ireland to reflect on shared issues in applying arts practice to healthcare and medicine and to explore how meaningful international research collaborations can be developed that also involve local communities.

Over a weekend of four half—day sessions we explored our understandings of community-based arts in health in a global context, identified key issues for international collaboration in both practice and research, and envisioned what success would look like in five years' time with a practical timeline to get us there.

We saw that effective international collaboration comes from learning from different contexts and looking through different lenses. But we kept returning to questions of whether there are different types of language we should use to frame advocacy arguments for arts in health to participants, partners and policy makers. Must everything be recalibrated for context and cultural diversity, or are there global metaphors for arts in health and a shared set of values and principles? A kind of retro-fit question posed at the outset of our meeting was "what is the problem to which we think we are the solution?"

It seemed from the emergent collaborations of those at 'critical mass' that we might, for example, collectively test out hypotheses around what makes for human flourishing and extend these into global practice, ascertaining their relevance and application. 'Flourishing' ups the game on considering what makes for health and happiness – it can cope with ambiguity of circumstance and sees in both philosophical and social justice perspectives that it is not possible to flourish at the expense of others. We might show that international collaboration articulates a new world of arts in health practice which demonstrates value and captures imagination. A word that became currency at our meeting to describe impact and dissemination was 'viral', in a benign and organic sense.

The panel will present views from several of those who took part in the 'critical mass' on the opportunities and challenges it presented and we will invite discussion on how we might move forward on meaningful international collaboration in arts in health.

The Critical Mass session will follow the following format:

- 1. Objective. Mike White will give a factual account of the purpose, content and outcomes of the Critical Mass meeting at the Centre for Medical Humanities, Durham University in June 2011, which was attended by 25 researchers and practitioners, including all members of the Critical Mass Panel. The aim of the meeting was to create international collaborations in research and practice in community-based arts in health.
- 2. Reflective. Each panel member will be invited to give a brief review of the meeting and the reflection that has followed since.
- 3. Interpretative. Mike White will open discussion from the floor and invite audience responses to what has been said and explore how international collaborations might develop and for what purposes.
- 4. Decisional. Audience members will be given a postcard and asked to put in their address and write an idea for a project or research study that they would like to see pursued in an international context. The panel will, in turn, each determine one practical action that they will undertake to take forward from the 'critical mass' session at the conference.

LOCATION

James O Fairfax Theatre National Gallery of Australia 1.00pm - 3.00pm: Closing Celebration Lunch Gandel Hall and Terrace

LOCATION

Gandel Hall and Terrace National Gallery of Australia

Good Strong Powerful:

An Exhibition from Northern Territory Art Studios working with Indigenous artists with disability

Supported by ArtBack NT: Arts Development and Touring, Australia Council for the Arts, Northern Territory Government, Arts Access Darwin and Arts Access Australia.

A highlight of the conference will be the opportunity to view and hear a presentation about the Good Strong Powerful exhibition at the National Gallery of Australia, Canberra, which showcases selected works from three innovative Northern Territory art studios, working with Indigenous artists with disability, from the tropical Top End to the desert heart of Central Australia. The exhibition contains extraordinary works by eleven established and emerging Indigenous artists whose work offers audiences a unique, quirky and highly original view of their surroundings. Each of these studios already have a strong national reputation and presence and this exhibition will bring them together for the first time.

Ngaruwanajirri has been operating on Bathurst Island since 1994 and in that time has achieved a reputation for excellence. Up to sixteen local Tiwi artists work at the centre, including Lorna Kantilla, Alfonso Puantiimi and Estelle Munkanome, recognised nationally, and internationally, who form an integral part of this exhibition.

Mwerre Anthurre is a professional art studio program based at Bindi Inc. in Alice Springs. Established in 2000, Mwerre Anthurre Artists have received national recognition via a series of high profile exhibitions and can be found in collections nationwide including the NGA, AGNSW, NGV and MAGNT. Billy Benn Perrurle was the winner of the 34th Alice Prize in 2006. Kukula McDonald. Billy Kenda. Lance James and Adrian Robertson are also included in this exhibition.

Julalikari Arts was established in 1994 and in 2007/8, in connection with Arts Access Darwin and Artback NT, held printmaking workshops for emerging Canteen Creek artist Dion Beasley. These workshops introduced Dion to an innovative way of making art and fresh audiences and helped establish his reputation as an emerging artist. A national tour of Dion's prints has just concluded and some of Dion's prints will be showcased for Good Strong Powerful. Peggy Jones Napangardi will also be represented with her bold splashy paintings of country, bush foods and animals.

Exhibition Gallery National Gallery of Australia

Conference Posters

An exploratory study of the experience of mental health users who took part in an arts-based program at a major London art gallery

Hanna Weir, Senior Lecturer at, School of Health Sciences, City University, London and Dr Eamonn McKeown, Lecturer, Social Sciences, City University London

Celebration of Life,

Paul Brophy, Manager Low Care Facility, Clifton Hill, Melbourne

Picturing cancer survival: young people's self portraits of the impact of cancer on growing up

Julie Mooney-Somers, Centre for Values, Ethics, and the Law in Medicine (VELiM), University of Sydney and Kris Smith, University of Newcastle, School of Drama, Fine Art and Music, Growing up with Cancer Research Project, NSW

Stories from the street – creating safe spaces for conversations using art as the bridge Denise Dillon Bolland, artist, art and narrative therapist, Founder, Unlimited Creativity, Brisbane

Gandel Hall West National Gallery of Australia

Presenters will speak to their posters during the morning tea breaks during the conference

