

# THE ART OF Good Health and Wellbeing

International Arts and Health Conference

16 – 19 November 2010

Conference Venue: The Sidney Myer Asia Centre, University of Melbourne, Swanston Street, Melbourne, Victoria

<b>Tuesday 16 November 2010</b> Pre-conference Workshops, Registrations, Opening Ceremony and Welcome Reception	<b>LOCATION</b>
<b>8.00am - 5.00pm: Conference Registrations at Arts and Health Australia Help Desk - Conference satchels custom designed for Arts and Health Australia and handmade by the Indigenous Women's Sewing Group, Port Macquarie, NSW</b>	Conference Registrations, Ground Floor Foyer Sidney Myer Asia Centre  Conference Office GO6 Ground Floor, Sidney Myer Asia Centre
<p><b>Optional pre-conference workshop:</b>  <b>9am – 3pm: Toolkit: Arts in Healthcare Program Essentials, Building and Sustaining Arts in Healthcare Programs</b></p> <p><b>Naj Wikoff</b>, President Emeritus, Society for the Arts in Healthcare, Washington DC and Principal, Creative Partnerships: East Hill Consulting, New York , with a panel of Australian and international experts, including:-  <b>Sally Denman</b>, Administrator, Arts in Mental Health Program, Napa State Hospital, California;  <b>Dr Gary Christenson</b>, Director, Boynton Mental Health Clinic and Associate Clinical Professor of Psychiatry, University of Minnesota Medical School, Minneapolis, Minnesota, USA; Vice President, Society for the Arts in Healthcare, Washington DC  <b>Mike White</b>, Research and Development Fellow in Arts in Health, Centre for Medical Humanities and St Chad's College, University of Durham, UK;  <b>Mary Robson</b>, Artist and Associate for Arts in Health and Education, Centre for Medical Humanities, University of Durham, UK;  <b>Clive Parkinson</b>, Director, Arts in Health, Manchester Metropolitan University, UK;  <b>Margret Meagher</b>, Executive Director, Arts and Health Australia and The Australian Centre for Creative Ageing  <b>Rebecca Lovitt</b>, Art Curator / Arts in Health Program Manager, Southern Health, the largest public health service in Victoria</p> <p><b>A practical workshop, drawing on best practice models, to guide the development, management, marketing and funding of arts and health programs in hospitals, aged care facilities, schools, community health organisations, local government and business.</b>                      Explore:</p> <ul style="list-style-type: none"> <li>• Opportunities and challenges in arts and health - for individual artists, arts companies, community organizations, healthcare professionals, carers, hospitals, healthcare institutions and medical practices</li> <li>• How to create a Strategic Plan for an Arts and Health Program</li> <li>• Do's and Don'ts in Community Arts and Health Programs</li> <li>• Guidelines for recruiting and training artists</li> <li>• Arts and Health in hospitals</li> <li>• Key elements in setting up and running a successful program, including taking participants through a commission process from writing a brief to commissioning artists.</li> <li>• Arts and Health programs for aged care facilities</li> <li>• Fundraising and Marketing</li> <li>• Program Evaluation and Research</li> </ul>	<p style="text-align: center;">Room 225, Alice Hoy Building                      University of Melbourne                      Morning tea and lunch provided</p>

<b>Tuesday 16 November 2010</b> Pre-conference Workshops, Registrations, Opening Ceremony and Welcome Reception	<b>LOCATION</b>
<b>Optional pre-conference workshop:</b> <b>9am – 12pm: Creative Programming Across the Lifespan:</b>  <b>A Professional Development Workshop and Discussion Group for Museum and Gallery Educators, responsible for delivering Community and Access Programs for Children, Families and Older People, including programs specifically designed for people with dementia and their carers</b> <b>Carrie McGee</b> , Educator, Community and Access Programs, Museum of Modern Art (MoMA), New York and <b>Adriane Boag</b> , Youth and Community Programs, National Gallery of Australia (NGA), Canberra.	Room GO3, Ground Floor Sidney Myer Asia Centre University of Melbourne Morning tea provided
<b>Optional pre-conference workshop:</b> <b>9am – 3pm: Beyond the Patient Record – Creative Writing as Burnout Prevention for Health Professionals</b>  <b>A practical creative writing workshop for health practitioners, presented by Dr Hilton Koppe</b> , General Practitioner and Senior Medical Educator with North Coast GP Training. The workshop will allow participants an opportunity to experience the use of stories and writing as a means of helping them to better manage some of the more challenging aspects of their working life, and to make sense of what it means to be a health practitioner. Practical writing exercises will guide participants through a series of creative tasks which assist them in reflecting on the effect their clinical practice has on their lives, with the goal of increasing their enjoyment of work, and of life in general. Most of all, it will be an opportunity for some light hearted fun with colleagues.	Room GO1, Ground Floor Sidney Myer Asia Centre University of Melbourne Morning tea and lunch provided
<b>5pm - 6.30pm: Official Opening</b>  <ul style="list-style-type: none"> <li>• The Ripple Effect Mental Health Slide Show</li> <li>• <b>Margret Meagher</b>, Executive Director, Arts and Health Australia and <b>Gabriella Carroll</b>, Conference Chair: Welcome to Conference Delegates and Acknowledgement of Partners and Sponsors</li> <li>• Welcome to Country <b>Joy Murphy Wandin</b>, Senior Wurundjeri Elder of the Kulin Alliance, Victoria</li> <li>• The Ripple Effect Mental Health Digital Media Project: <b>Neal Price</b>, Queensland Arts and Health Consortium, and <b>Maya Jones</b>, Ripple Effect artist, Brisbane</li> <li>• <b>Dr Jill Gordon</b> General Practitioner and Associate Professor, Centre for Values, Ethics and the Law in Medicine, University of Sydney and Durham University, UK introduces 'In Conversation: Mental Health and Young People' with <b>Professor Patrick McGorry AO</b>, Professor of Youth Mental Health at University of Melbourne, Executive Director of Orygen Youth Health Research Centre, founding board member of headspace, National Youth Mental Health Foundation and 2010 Australian of the Year and <b>Dr Gary Christenson</b>, Director, Boynton Mental Health Clinic and Associate Clinical Professor of Psychiatry, University of Minnesota Medical School, Minneapolis, Minnesota, USA</li> <li>• <b>Dr Dougal Adams</b>, GP, University of Melbourne Health Service - musical performance on the Irish wood flute</li> </ul>	Carillo Gantner Theatre Sidney Myer Asia Centre
<b>6.30pm - 8pm: Welcome Reception</b> The lantern theme ties together interests of UK keynote speakers Mike White and Mary Robson and the Moon Lantern Festival, a cross cultural community initiative of North Richmond Community Health Arts and Culture Program, and held on the North Richmond Housing Estate. Lanterns on display were made by local artists <b>Sue Davis</b> , <b>Julian Chapple</b> , <b>Kathy McCormick</b> , <b>Shi Ying Mi</b> and the <b>Elderly Chinese Association</b> , with red lanterns made by local members of the community, schools and NRCH staff. Curated by <b>Helen Nikolas</b> and <b>Kathy McCormick</b> , Arts and Culture Program, North Richmond Community Health, Melbourne.	Sidney Myer Asia Centre and Yasuko Hiraoko Myer Room

Wednesday 17 November 2010: Plenary Session 1 : Arts and Health in Hospitals	LOCATION
<b>8am – 5 pm: Conference Registrations at Arts and Health Australia Help Desk</b> Conference satchels custom designed for Arts and Health Australia and handmade by the Indigenous Women’s Sewing Group, Port Macquarie Musical performances by <b>Susie Davies-Splitter, Sue Buchan</b> and <b>Sarah Brooke</b> , musicians and educators	Ground Floor Foyer Sidney Myer Asia Centre
<b>8.45am: Welcome by Margret Meagher, Executive Director, Arts and Health Australia</b> Acknowledgement of Country, <b>Gabriella Carroll</b> , Arts and Health Australia <b>Jane Coker</b> Community Music Victoria	Carillo Gantner Theatre
<b>9am – 10.30am: Plenary Session 1: Arts and Health in Hospitals</b>  Chair: <b>Suzanne Davies</b> , Director and Chief Curator, RMIT Gallery, Melbourne <ul style="list-style-type: none"> <li>• <b>Naj Wikoff</b>, Emeritus President, Society for Arts in Healthcare, Washington DC: <b>The Business Case for Arts and Health</b></li> <li>• <b>Corbett Lyon</b>, Architect, Lyons, Melbourne and Conrad Gargett Lyons, Brisbane: <b>The Arts and Health Vision for the new Queensland Children’s Hospital in Brisbane</b></li> <li>• <b>Anne Marie Freybourg</b>, Director, DRK Hospitals Art Programme, Berlin, Germany: <b>Arts and Health Programs for Healthcare Professionals and Patients</b></li> </ul> <b>Q &amp; A and Priority Recommendations</b>	Carillo Gantner Theatre
<b>10.30am – 11am: Morning Tea</b>	Ground Floor Foyer Sidney Myer Asia Centre
<b>Wednesday 17 November 2010: 11 am - 12.45 pm</b>	<b>Breakout Sessions 1</b>
<b>Investigating group singing activity with people with dementia: Problems and positive prospects</b> Oral presentation <b>Professor Jane Davidson</b> , Professor, School of Music and Director, Callaway Centre, University of WA, Perth  <b>Development and Evaluation of a Healthy Ageing Quiz</b> Oral presentation <b>Freda Vratsidis</b> , Research Officer, National Ageing Research Institute, Melbourne  <b>Evaluation of the creative Ways to Care: Strategies for Carers of People Living with Dementia program.</b> Oral presentation <b>Barbara Parker</b> , Research Fellow, Lincoln Centre for Research on Ageing, AIPC, La Trobe University, Melbourne; <b>Julie Statkus</b> , La Trobe Community Health Service; <b>Alison Wright</b> , Program Manager, Aged Services, CCRC Southern Region.	Carillo Gantner Theatre

**Wednesday 17 November 2010: 11 am - 12.45 pm**

**Breakout Sessions 1 (continued)**

<p>Wednesday 17 November Session 1 Room GO 1 11 am - 12.45 pm</p> <p><b>Invisible to Valuable – Intergenerational Sculptural Project</b></p> <p>Exhibition – Foyer, Sidney Myer Asia Centre</p> <p>Workshop Room G01 <b>Kerry Smith-Taughkin</b>, Artist An interactive sculptural and mixed media exhibition and workshop exploring “Who are we and how are we valued?” to address society’s over-emphasis on youth culture and its diminishing respect for the elderly.</p>	<p>Wednesday 17 November Session 2 Room GO 3 11 am - 12.45 pm</p> <p><b>Creating Cartoon Images to Support Medical Education Material</b> Oral presentation <b>Tanisha Jowsey</b>, Senior Research Officer, Australian Primary Health Care Research Institute, Australian National University, Canberra</p> <p><b>Adam and Eve: A true story.</b> A stage play based on the true story of the playwright’s partner who died of testicular cancer at age 22. Segments of the filmed play will be shown, with discussion about the effects of life threatening illness / palliative care on young adults. Workshop <b>Dr Genevieve Yates</b>, GP and medical educator, Sunshine Coast, Queensland</p>	<p>Wednesday 17 November Session 3 Room 114 11 am - 12.45 pm</p> <p><b>The Role of Social Circus</b> Oral presentation <b>Pam Creed</b>, CEO National Institute of circus Arts (NICA), Melbourne</p> <p><b>Injury Patterns and Injury Rates amongst students and the National Institute of Circus Arts (NICA)</b> Oral presentation <b>David Munro</b>, National Institute of Circus Arts, Melbourne</p> <p><b>The Carrot on a Stick Program</b> Oral presentation <b>Sarah Gosling</b>, Community Cultural Development, Cairns Regional Council</p> <p><b>Big Stretch – Pilbara community of Jigalong</b> Film and oral presentation <b>Pippa Davis</b>, General Manager, Buzz Dance Theatre, Perth</p>	<p>Wednesday 17 November Session 4 Room 116 11 am - 12.45 pm</p> <p><b>Engaging Art, Transforming Cities</b> Oral presentation <b>Vicky Guglielmo</b>, Arts and Participation Program, City of Melbourne</p> <p><b>Stories of Inspiration</b> <b>Jacqui Goy</b>, Health Promotion Officer, Caulfield Community Health Service, Melbourne; <b>Suzanne Bottomley</b>, Social Worker, Health Promotion, Caulfield community Health Service, Melbourne</p> <p><b>Mobile Home Photographic Arts Project</b> with homeless and marginalized young people which features the mobile phone as both subject and creative medium for participants to record and express their lives. Oral presentation <b>Brett McDonnell</b>, Melbourne Citymission Frontyard Youth Services, Victoria <b>Kerry Montero</b>, Lecturer, Youth Work, RMIT University, Melbourne</p> <p><b>Who’s afraid of ...? Challenges and solutions for crossing the divide between artists and health professionals</b> Oral presentation <b>Rosalie Hastwell</b>, Artists Training Program, Festival of Health Living, Royal Children’s Hospital, Melbourne</p>	<p>Wednesday 17 November Session 5 Room 117 11 am - 12.45 pm</p> <p><b>The material environment in psychological therapies: an extended relationship</b> Oral presentation <b>Patricia Fenner</b>, School of Public Health, La Trobe University, Melbourne</p> <p><b>The arts as a driver for building a Diversity Health agenda</b> Oral presentation <b>Julianne Hilbers</b>, Prince of Wales Hospital, Sydney, NSW</p> <p><b>A Dynamic Practice</b> Oral presentation <b>Suzanne Ruth Vesty</b>, Spark Studio (Panacea Arts Charitable Trust), Auckland, NZ</p>	<p>Wednesday 17 November Session 6 Room 118 11 am - 12.45 pm</p> <p><b>From Volunteers to corporate entity – the reconnection of visual arts and health</b> Oral presentation <b>Susan Barclay</b>, University of Western Sydney</p> <p><b>Visual Melodies: An Interactive Natural Landscape for Visitors to a Healthcare Setting</b> Oral Presentation <b>Amy Yi-Chun Chen</b>, Interactive Studio and Centre for Health Communication, UTS and St Vincent’s Hospital, Sydney</p> <p><b>The Ripple Effect Mental Health Digital Media Project</b> Oral presentation <b>Neal Price</b>, Arts Worker, Queensland Prisoner’s Legal Service, Brisbane; <b>Scotia Monkivitch</b>, Director of Helicon cpr, Brisbane ; <b>Damian Stewart</b>, artist, Brisbane; <b>Maya Jones</b>, artist, Brisbane</p>
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**Wednesday 17 November 2010: 11 am - 12.45 pm**

**Breakout Sessions 1 (continued)**

<p>Wednesday 17 November Session 7 Room 120 11 am - 12.45 pm</p> <p><b>'Art at Work' in health care: The role of reflexivity in researcher and participant health and healing</b> Oral presentation <b>Prof Nel Glass</b>, Research Professor of Nursing, School of Nursing and Midwifery, Australian Catholic University, Melbourne</p> <p><b>Pilot study using art therapy as a reflective tool for clinical supervision</b> Oral presentation <b>Beverley Marsh</b> and <b>Peta Greenough</b>, Caulfield Hospital, Alfred Health, Melbourne</p> <p><b>Evaluation of Interdisciplinary Arts in Health Clinical Placement</b> Oral presentation <b>Sheila Grace</b>, St James Hospital, Dublin, Ireland</p> <p><b>Human Rooms - Immersive Art Environment at End of Life</b> Oral presentation Psychological impact on patients and the nursing/medical framework. <b>Efterpi Soropos</b>, McCulloch House, Palliative Care Unit and Child and Adolescent mental Health Unit, Monash Medical Centre, Melbourne VIC</p>	<p>Wednesday 17 November Session 8 Room 225 11 am - 12.45 pm</p> <p><b>Creative Livelihoods – A Work in Progress</b> Oral presentation <b>Michelle Leenders</b>, Creative Recovery Project Officer, CRRMHQ and Access Arts Inc, Cairns, Qld; <b>Dr Geraldine Dyer</b>, Psychiatrist, Remote Area Mental Health, Cairns, <b>Vicki Saunders</b>, James Cook University, Townsville</p> <p><b>Gomeroi gaaynggal: a creative start to health, a healthy start to life – An Arts and Health Program in Tamworth NSW</b> Oral Presentation <b>Andrea Bruno</b>, artist, educator and researcher, Faculty of Health (Tamworth), University of Newcastle, NSW; <b>Loretta Weatherall</b>, Mother and Babies Research Centre, Faculty of Health (Tamworth), University of Newcastle, NSW</p> <p><b>The Slender Thread: from Mubali to Manduwa</b> Oral presentation <b>Kim McConville</b>, Executive Director, Beyond Empathy <b>Di Penberthy</b>, Health Promotion NCAHS, Macksville Community Health, NSW</p>	<p>Wednesday 17 November Session 9 Room 242 11 am - 12.45 pm</p> <p><b>Generations in One Voice: Communal Singing as a transformative tool for positive change</b> Oral presentation <b>Pamela Bruder</b>, Co-ordinator, Life Enrichment Project, Emmy Monash Aged Care, Melbourne</p> <p><b>Music for Life</b> Oral Presentation <b>Jenny Ainsworth</b> Creativity and Ageing Manager, Musica Viva, Sydney</p> <p><b>Twilight Harmonies: Music in health and wellbeing in Wales</b> Oral presentation <b>Gwawr Ifan</b>, School of Music, Bangor University, Gwynedd, Wales, UK</p> <p><b>Spatial validity: The impact of location on wellbeing and identity: as experienced by mental health community members involved in an ongoing music program</b> Oral presentation <b>Graham Sattler</b>, Director, Orange Regional Conservatorium, Orange, NSW</p>	<p>Wednesday 17 November Session 10 Room 307 11 am - 12.45 pm</p> <p><b>Partnering to achieve Arts and Health Outcomes</b> Oral presentation <b>Wendy Cox</b>, Director, Accommodation Services, Disability Services Commission Perth, <b>Simone Flavelle</b> DADAA WA</p> <p><b>Where the Heart is ... Community Festival</b> Oral presentation <b>Mary-Anne Rushford</b>, Royal District Nursing Service Homeless Persons Program, Melbourne</p> <p><b>Homelessness, health and art</b> Oral presentation <b>Maggie McCabe</b>, University of South Australia, Adelaide</p> <p><b>Identity Inside Out – A Youth Mental Health Program</b> Oral presentation <b>Dayna Fisher</b>, Twelve 25 Salisbury Youth Enterprise Centre, Adelaide, South Australia</p>	<p>Wednesday 17 November Session 11 Room 330 11 am - 12.45 pm</p> <p><b>Defining arts engagement – The first step in understanding the arts and health causal pathway</b> Oral presentation <b>Christina Mills</b>, Health Promotion Unit, University of Western Australia, Perth WA</p> <p><b>Who said it's impossible? Making the 2009 Perth Royal Show Smoke free!</b> Oral presentation <b>Lindsay Lovering</b>, Arts Program Manager, Healthway WA, Perth</p> <p><b>Building Health through Arts and New Media: VicHealth Learnings, Tools and Resources to Make it Happen</b> Workshop <b>Jim Rimmer</b>, Senior Project Officer: Social Connection, the Arts and New Media, Victorian Health Promotion Foundation (VicHealth), Melbourne</p>	<p>Wednesday 17 November Session 12 Room 333 11 am - 12.45 pm</p> <p><b>A Holistic Mission – the use of the Arts in Healing</b> Oral Presentation <b>Deborah Pearson</b>, Group Manager Learning and Organisational Development, St John of God Health Care, Perth</p> <p><b>Art and Health in prisons, hospitals and marginalized communities in Australia</b> Oral presentation <b>Dr Lindsay Farrell</b>, Head of School of Arts and Sciences Australian Catholic University, Brisbane</p> <p><b>The Arts: Healers in Many Forms in Unlikely Places</b> Oral presentation <b>Donna Glassford</b>, Executive Director, Cultural Enrichment Vanderbilt University Medical Center, Nashville, Tennessee USA</p> <p><b>Moving Forward Looking Back A metaphor for the renewal of the health service</b> <b>Elisa Knowlman</b>, Senior Architect, Peddle Thorp Architects, Brisbane, <b>Lyn Spence</b>, Care Service Development Manager, St Vincent's Hospital, Brisbane</p>
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## Wednesday 17 November 2010: 12.45 pm – 2 pm: Lunch (Yasuko Hiraoko Myer Room)

Book signing, Readings Conference Bookstore, Ground Floor Foyer, Sidney Myer Asia Centre 1pm to 1.20pm

- Molly Carlile *Sometimes life sucks : When someone you love dies*, Allen & Unwin 2010

## Wednesday 17 November 2010: 2pm – 3.45pm Plenary Session 2: Arts and Community Health

### LOCATION

**Jane Coker** Community Music Victoria

Chair: **Dr Peter Wright**, Senior Lecturer, Arts Education and Research Methods, Academic Chair, Research and Postgraduate Studies, School of Education, Murdoch University, Perth, WA

Introduction **Bruce Esplin**, Office of the Emergency Services Commissioner, Victorian State Government

- ***The means to flourish – arts in community health and education***  
**Long-term arts in health programs in the North of England, based in primary education settings, that have modelled social living and developed emotional health in otherwise disadvantaged and stressed communities.**

Joint Presentation:

- **Mike White**, Research and Development Fellow in Arts in Health, Centre for Medical Humanities and St Chad's College, University of Durham, England; author of ***Arts Development in Community Health: a social tonic (Radcliffe 2009)***

**Mary Robson**, Artist, Social Educator and Arts/Health Consultant and Associate for Arts in Health and Education at the Centre for Medical Humanities, University of Durham, England

Winners of The Royal Society for Public Health Arts and Health Awards 2010 (September 2010), in recognition of their contribution to addressing health inequalities and their outstanding contributions to arts and health practice (Mary Robson and Mike White) and research (Mike White)

Carillo Gantner Theatre

**Q & A and Priority Recommendations**

## Wednesday, 17 November 2010: 4 pm – 5.30 pm

## Breakout Sessions 2

Sacred Circle Dance, Meditation in Movement - Workshop Yasuko Hiraoko Myer Room Sally Denman, Administrator, Arts in Mental Health Program, Napa State Hospital, California

<p>Wednesday 17 November Session 13 Room G01 4 pm – 5.30 pm</p> <p><b>Health Musicians – Who are They? Focus group research into their roles</b> Oral presentation <b>Emma O'Brien</b>, Manager and Senior Clinician, Music Therapy – Allied Health and Manager of Health Arts – Live Music, The Royal Melbourne Hospital</p> <p><b>Music of the Brain</b> Film presentation The role of music in developing the human brain, from premature infants in neonatal intensive care wards to enhancing performance in childhood, and the role of music therapy in hospitals and in care for the elderly. <b>Fiona Cochrane</b>, General Practitioner, film producer and writer <b>Sarah Wilson</b>, Director, The Centre for Music, Mind and Wellbeing, University of Melbourne</p>	<p>Wednesday 17 November Session 14 Room G03 4 pm – 5.30 pm</p> <p><b>Art making and mental health recovery: Staff and consumer experiences</b> Oral presentation <b>Patricia Fenner</b>, Department of Counselling and Psychological Health, School of Public Health, La Trobe University, Melbourne; <b>Theresa Van Lith, PhD Candidate</b>, School of Public Health, La Trobe University, Melbourne</p> <p><b>Moving Minds - short films by people living with mental illness</b> Workshop <b>Jenni Savigny</b>, Community Artist, Mental Illness Education ACT, Canberra</p>	<p>Wednesday 17 November Session 15 Room 114 4 pm – 5.30 pm</p> <p><b>Using collaborative design approaches to increase sexual health knowledge in the injecting drug user population</b> Oral presentation <b>Lucia Miceli</b>, Swinburne University, Melbourne; <b>Dylan Davis</b>, Swinburne University, Melbourne</p> <p><b>Who gets to decide what for whom? Perceptions of Participation and Community</b> Oral presentation <b>Karleen Gwinner</b>, Visual Artist and Community Cultural Development; Researcher, Victims of Crime by Offenders with Mental Illness, Qld Health</p> <p><b>Y-GLAM Performing Arts Project for same sex attracted and transgender young people</b> Workshop <b>Jemma Mead</b> and <b>Catherine Reidy</b>, Merri Community Health Services, Victoria</p>	<p>Wednesday 17 November Session 16 Room 116 4 pm – 5.30 pm</p> <p><b>Arts as a Tool for Social Inclusion, Health and Wellbeing</b> Oral presentation <b>Simone Flavelle</b> DADAA, WA <b>Wendy Cox</b>, Disability Services Commission, WA</p> <p><b>BoilOver – An Inclusive Performance ensemble</b> Oral presentation <b>Bernadette Hetherington</b>, Co-founder and Health Promotion Co-ordinator, Sunbury Community Health Centre; <b>Tamara Searle</b>, Artistic Director, BoilOver, Melbourne; <b>Lachlan Dodd</b>, member, BoilOver, Melbourne</p> <p><b>Milk Crate Theatre: The transformative power of a live performance</b> Oral presentation <b>Beck Ronkson</b>, Director, Milk Crate Theatre, Sydney and <b>Kathryn di Nicola</b>, Mission Australia, Sydney</p> <p><b>Drama based health education: schools and agencies building student resilience</b> Oral presentation <b>Allan Murphy</b>, Ballarat Community Health, Victoria</p>	<p>Wednesday 17 November Session 17 Room 117 4 pm – 5.30 pm</p> <p><b>Banners on My Parade</b> Oral presentation <b>Anne Heard</b>, ACH Group's Dementia Learning and Development Unit, Adelaide</p> <p><b>Dance Therapy for Dementia Residents in Aged Care Setting</b> Oral presentation <b>Michelle Mahrer</b>, Dance Movement Therapist, Montefiore Home for the Aged, Sydney</p> <p><b>An Intergenerational Playgroup in a Residential Aged Care Facility</b> Oral presentation <b>Betty Haralambous</b>, National Ageing Research Institute, Melbourne</p> <p><b>Creativity and Wellbeing: Coaching the Artists Within</b> Workshop <b>Julie Regan</b>, Creative Coaching Options, Sydney, NSW</p>	<p>Wednesday 17 November Session 18 Room 118 4 pm – 5.30 pm</p> <p><b>Celebrations for personal and collective health and wellbeing</b> Oral presentation <b>Julieanne Hilbers</b>, Prince of Wales Hospital, Sydney</p> <p><b>Celebration of Life</b> Oral Presentation <b>Paul Brophy</b>, Manager Low Care Facility, Clifton Hill, Melbourne</p> <p><b>A Comparative Look at the Role Art Plays in Steps to Wellbeing from Two Different Supported Studios</b> Oral presentation <b>Anne Kwasner</b>, Visual artist, Roomies Art Program, Newtown Neighbourhood Centre; <b>Natalie McCarthy</b>, Art Facilitator, Roomies Art Program, Newtown Neighbourhood Centre; <b>Kristina Tito</b>, Macquarie Hospital and Insideout Gallery, Ryde, Sydney</p> <p><b>Staying Connected: Activities and Outcomes</b> Workshop <b>Anne Learmonth</b>, Association of Neighbourhood Houses and Learning Centres, Melbourne</p>
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**Wednesday, 17 November 2010: 4 pm – 5.30 pm**

**Breakout Sessions 2 (continued)**

<p>Wednesday 17 November Session 19 Room 120 4 pm – 5.30 pm</p> <p><b>Lessons from the acquisition and exhibition of artworks by Holocaust survivors and the second generation</b> Oral presentation <b>Dr George Halasz</b>, School of Psychology and Psychiatry, Faculty of Medicine, Nursing and Health Sciences, Monash University; <b>Dr Eugen Koh</b>, Cunningham Dax Collection, University of Melbourne</p> <p><b>What 1039 photographs tell us about Health of Melbournians</b> Oral presentation <b>Priscilla Robinson</b>, La Trobe University, Melbourne VIC <b>Beth Rankin</b>, La Trobe University, Melbourne</p> <p><b>The Space Between – Emotional Wellbeing and X Ray procedures</b> Workshop <b>Peter Breen</b>, Radiographer, Royal Brisbane and Women's Hospital, and Creative Arts Therapist - Urbaneyes Consulting and Jugglers Art</p>	<p>Wednesday 17 November Session 20 Room 225 4 pm – 5.30 pm</p> <p><b>Successful Partnerships – Creative solutions to aid recovery</b> Oral presentation <b>Simone Gillam</b>, Arts and Mental Health Project Officer, Country Arts SA and Country Health SA Eyre Mental Health Services, Port Lincoln, SA; <b>Michelle Casserley</b>, artist, musician, teacher, Bowen health therapist, Port Lincoln, SA.</p> <p><b>At the Coalface – Role of the Arts in Bushfire Recovery</b> Oral presentation <b>Sue Strano</b>, Manager, Creative Communities, Regional Arts Victoria; <b>Bruce Esplin</b>, Commissioner, Office for Emergency Services, Justice Department, Victoria; <b>Verity Higgins</b>, Regional Arts Victoria Development Office; <b>Marilyn Gourley</b>, Regional Arts Recovery Project Officer, VIC</p> <p><b>Illuminated by Fire</b> Oral presentation <b>Lindy Allen</b>, Director, Regional Arts Victoria; <b>Bruce Esplin</b>, Commissioner, Office for Emergency Services, Justice Department, Victoria; <b>Malcolm McKinnon</b>, artist, filmmaker</p>	<p>Wednesday 17 November Session 21 Room 242 4 pm – 5.30 pm</p> <p><b>Evidence in arts and health promotion: heuristic friend or powerful foe?</b> <b>Therese Riley</b>, Research Fellow and VicHealth Research Leader (Social Connection), Centre for Health and Society, Melbourne School of Population Health, University of Melbourne; <b>Lachlan MacDowall</b>, Graduate Studies and Research Centre for Cultural Partnerships, Faculty of the Victorian College of the arts (VCA) and Music, University of Melbourne; <b>Gemma Carey</b>, Centre for Health and Society, Melbourne School of Population Health, University of Melbourne</p> <p><b>Evidence-based policy: the case of the Glenside Arts and Health Opportunity Study</b> Oral presentation <b>Christine Putland</b>, Consultant, Southgate Institute for Health Society and Equity, Flinders University, Adelaide</p> <p><b>Painting a path to Wellness Correlations between creative activities and improved mental health outcomes for the population of a private psychiatric hospital 2004 –09</b> <b>Liz Caddy</b>, Nurse, Counsellor and Creative Art Research, Curtin University and Perth Clinic, Perth</p>	<p>Wednesday 17 November Session 22 Room 307 4 pm – 5.30 pm</p> <p><b>Young men, fast cars, and Arts Education. A match made in heaven?</b> Oral presentation <b>Dr Peter Wright</b>, Senior Lecturer, Arts Education and Research Methods, Academic Chair, Research and Postgraduate Studies, School of Education, Murdoch University, Perth, WA; <b>Stephanie Finn</b>, Creative Producer Big hART, Tasmania</p> <p><b>Can we sing Rubber Duckie? Documenting the impact of a new socio-therapeutic model for music making on boys and young men</b> Oral presentation <b>Georgia Pike</b>, Australian National University, Canberra</p> <p><b>Rain-dancing for beginners: connecting the MND experience to young people through the arts</b> Oral presentation <b>Kerrie Noonan</b>, psychologist and co-founder, The GroundSwell Project, NSW; <b>Peta Murray</b>, co-founder, writer and consultant - The GroundSwell Project, NSW</p> <p><b>The Art of Developing Intimacy and Self-Care in a Technological World</b> Oral presentation <b>Zeb Brierley</b>, teacher, counsellor, art therapist working with young people in Victoria</p>	<p>Wednesday 17 November Session 23 Room 330 4 pm – 5.30 pm</p> <p><b>Insight – Creative Photography for Young People</b> Oral presentation <b>Sophie Grange</b>, Youth Project and Communications Officer, Nillumbik Shire Council, Victoria</p> <p><b>60 Ideas in 60 Minutes. P(art)icipation is the key: 60 ways to engage the community in arts-based projects</b> Experiential Workshop <b>Natalie Anderson</b>, Arts Co-ordinator, The Children's Hospital at Westmead, Sydney, <b>Elise Franke</b>, Youth Arts Worker, The Children's Hospital at Westmead, Sydney,</p> <p><b>Poster Exhibits Room 333</b></p> <p><b>Hot Chips and Fizzy Drinks: Findings from a food audit at a large community art event in Western Australia</b> (Poster) <b>Renee Ferguson</b>, University of Western Australia, Perth</p> <p><b>Music and Dance for Mothers and Babies: Randomised trial about the value of interactive classes on the health and wellbeing of new mothers</b> (Poster) <b>Beth Rankin</b> RN, Project Research Officer, Equity and Diversity Centre, La Trobe University, Melbourne</p>	<p>Wednesday 17 November Session 24 Room 333 4 pm – 5.30 pm</p> <p><b>New hospital, new opportunities: The place of the arts in a ChARTer for Children's Learning</b> Oral presentation <b>Julie Green and Glenda Strong</b>, Royal Children's Hospital Education Institute, Melbourne</p> <p><b>Mater Newborn Placestories: Digital Storytelling for Families Experiencing neonatal intensive care</b> Oral presentation <b>Michele Prentice</b>, Co-ordinator, Mater Newborn Placestories, Mater Mothers' Hospitals, Brisbane</p> <p><b>Music Therapy Services in Paediatric Oncology: A National Clinical Practice Review</b> Oral Presentation <b>Belinda Ayres</b>, Music Therapy Department, Royal Children's Hospital, Brisbane</p> <p><b>Improvising on the Ward Touch and somatic practice with children on the Neuromedical and Oncology wards of Alder Hey Children's Hospital, Liverpool</b> Oral presentation <b>Lisa Dowler</b>, Dance artist, Small things Dance Collective and Lecturer in Dance, Edge Hill, University, North West of England</p>
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Wednesday 17 November 2010: 5.30pm – 7.15pm: Working Together for Wellbeing Artists' Resources	LOCATION
5.30 pm – 6.30 pm: Networking Party	Sidney Myer Asia Centre Ground Floor Foyer
<p><b>6.30 pm – 7.15 pm: Working Together for Wellbeing: Special Arts and Health Australia Conference launch of resources for artists promoting the mental health of children and young people - 'There's Magic in the Mix' and 'Creating for Wellbeing' – an initiative of the Festival of Healthy Living Program at the Royal Melbourne Children's Hospital.</b></p> <p>Conference delegates are invited to the launch of a new set of digital and online resources, including a short documentary film, developed specifically for artists promoting the mental health of children and young people, by the <b>Festival for Health Living Program</b>, with support from the Australia Council for the Arts. Speakers include <b>Clive Parkinson</b>, Director, Arts for Health, Manchester Metropolitan University, UK; <b>Dr David Sudmalis</b>, Community Partnerships Section of the Australia Council and <b>Helen Butler</b>, Senior Lecturer Wellbeing in Inclusive Schooling, Australian Catholic University (VIC).</p>	Carillo Gantner Theatre

Thursday 18 November 2010 Plenary Session 3: Mental Health and Creative Ageing	LOCATION
<b>8am – 5 pm: Conference Registrations at Arts and Health Australia Help Desk</b> Conference satchels custom designed for Arts and Health Australia and handmade by the Indigenous Women’s Sewing Group, Port Macquarie	Ground Floor Foyer Sidney Myer Asia Centre
<b>8.45am: Welcome by Margret Meagher, Executive Director, Arts and Health Australia</b> Acknowledgement of Country, <b>Gabriella Carroll</b> , Arts and Health Australia <b>Jane Coker</b> Community Music Victoria	Carillo Gantner Theatre
<b>9am – 10.30am: Plenary Session 3: Mental Health and Creative Ageing</b> <ul style="list-style-type: none"> <li>• <b>Professor David Ames</b>, Director National Ageing Research Institute; University of Melbourne Professor of Ageing and Health  <b>Ageing, mental health and the arts – some examples from opera and literature</b>            This talk will examine specific representations of the ageing process in opera and literature. By the end of the talk, attendees will be able to identify the oldest character depicted in all opera and will be clear that life is a sexually transmitted terminal disease.</li> <li>• <b>Carrie McGee</b>, Educator, Community and Access Programs, Department of Education, Museum of Modern Art New York: including the Meet me at MoMA Alzheimer’s Program  <b>Having Fun and Feeling Human: Museum Programs for Marginalised Populations</b></li> <li>• <b>Clive Parkinson</b>, Director, Arts for Health at Manchester Metropolitan University  <b>A Brightly Coloured Bell-Jar : the relationship between the arts, mental health and our aspiration to wellbeing</b></li> </ul> <b>Q &amp; A and Priority Recommendations</b>	Carillo Gantner Theatre
<b>10.30am – 11am: Morning Tea</b>	Ground Floor Foyer Sidney Myer Asia Centre
<b>Thursday 18 November 2010: 11 am - 12.45 pm</b>	
<b>Breakout Sessions 3</b>	
<b>The Incorporation of the Arts into a Student Health Service: Fostering a Healing Environment, Health Promotion, and Arts and Health Education.</b> Oral presentation <b>Dr Gary Christenson</b> , Director, Boynton Mental Health Clinic and Associate Clinical Professor of Psychiatry, University of Minnesota Medical, School and Artistic Director, Center for Art and Medicine, University of Minnesota  <b>Creative Wellness and Problem solving: beads, books and balance</b> Oral presentation <b>Cecilia White</b> , Co-ordinator and developer, Wellness@UoN program, University of Newcastle  <b>Enjoying Creative Health in Tertiary Academic Environments</b> Workshop <b>Beth Rankin, Dr Jean Rumbold, Theresa Van Lith</b> , School of Public Health, La Trobe University, Melbourne and <b>Mary Lou Bailey</b> , Faculty of Education, La Trobe University, Melbourne	Carillo Gantner Theatre Lower Ground Floor Sidney Myer Asia Centre

<p>Thursday 18 November Session 25 Room G01 11 am - 12.45 pm</p> <p><b>Experiential Workshop for Health Professionals</b></p> <p><b>Enduring Witness</b> <b>Dr Hilton Koppe, General Practitioner and Senior Medical Educator with North Coast GP Training</b> “Enduring witness” is a 30 minute DVD which traces the fictional relationship between a GP (Geoff) and one of his patients (Lisa) as she makes the transition from adolescence to motherhood. Lisa then develops breast cancer and we watch how Geoff manages breaking the news, assisting her with treatment, remission, relapse and palliative care. The primary goal of the DVD is to promote discussion about preventing burnout for health professionals which can occur from managing emotionally draining situations. There is further opportunity to explore issues such as breaking bad news, support for colleagues, boundary issues and surviving the ups and downs of clinical practice.</p> <p><b>Beyond Words: Understanding the effects of Childhood Sexual Abuse through Art.</b> Through personal interviews with 3 survivors and creative works produced in therapy, their experiences, long-term effects and recovery from childhood sexual abuse and trauma are examined on film. The Cunningham Dax Collection, Melbourne</p>	<p>Thursday 18 November Session 26 Room G03 11 am - 12.45 pm</p> <p><b>Experiential Workshop for Health Professionals</b></p> <p><b>Auditory environment and public health: Connecting noise and music with chronic disease self-management</b> Oral presentation <b>Alison Short</b>, Research Fellow, Centre for Clinical Governance Research in Health, Australian Institute of Health Innovation, University of NSW</p> <p><b>Designing Sound for Health and Wellbeing: A multi-disciplinary collaboration between researchers and clinicians in emergency medicine, sound and art</b> Oral presentation and demonstration <b>Keely Macarow</b>, Senior Lecturer and Leader of the Art, Science and the Body research cluster, School of Art, RMIT University, Melbourne; <b>Philip Samartzis</b>, Coordinator and Senior Lecturer in Sound, School of Art, RMIT University, Melbourne; <b>Dr Tracey Weiland</b>, practicing psychologist and senior research fellow in emergency medicine, St Vincent’s Hospital Melbourne and University of Melbourne</p>	<p>Thursday 18 November Session 27 Room 114 11 am - 12.45 pm</p> <p><b>Singing of bodies changed into shapes of a different kind; metaphor and transformation in cancer patients</b> Oral presentation <b>Carolyn Rickett</b>, Senior Lecturer in Communication, Avondale College, Sydney; <b>Dr Jill Gordon</b>, General Practitioner and Associate Professor, Centre for Values, Ethics and the Law in Medicine, University of Sydney and Durham University, UK</p> <p><b>Going with the Flow – Researching my Recovery</b> Oral presentation and Exhibition (porcelain and wool) <b>Dawn Thirlaway</b>, ceramic artist and volunteer Palliative Care and Cancer Care Unity, Lismore, NSW</p> <p><b>The exhibition “Going with the Flow” will be on display in Room 114 throughout the conference</b></p> <p><b>Anna’s Adventure</b> Workshop <b>Jessica Douglas-Henry</b>, film producer, Director Health Education and CEO, Iris Pictures, Sydney</p>	<p>Thursday 18 November Session 28 Room 116 11 am - 12.45 pm</p> <p><b>Poetry and Prose – Poetica Reflections</b> Oral presentation <b>Pamela Aldridge</b>, Dementia Educator, Early Intervention, Alzheimer’s Australia SA, Glenside</p> <p><b>Transcribing lived experience: narrative in arts-health practice</b> Oral presentation <b>Phoenix de Carteret</b>, Adjunct Research Fellow, Monash University, Melbourne</p> <p><b>The Healing Power of Poetry</b> Workshop and oral presentation <b>Nicola Bowery</b>, poet, Poetry Alive Workshops, Braidwood NSW</p>	<p>Thursday 18 November Session 29 Room 117 11 am - 12.45 pm</p> <p><b>The Knitting Room</b> Oral presentation <b>Robyn Carney</b>, Community ArtLink Co-ordinator, United Aged Care, Southern Tasmania,</p> <p><b>The Bridge Art Group: a supported accommodation service for people living with HIV/Aids Dementia Complex</b> Oral presentation <b>Susan Braun</b>, Community Cultural Development Consultant, The Bridge Art Group, Royal Prince Alfred Hospital, Sydney</p> <p><b>Gallery and Museum Outreach to the Low Mobility Frail and Aged Community Groups</b> Workshop <b>Sue McEntyre</b>, Education and Public Programs Office, Coffs Harbour Regional Gallery, NSW</p>	<p>Thursday 18 November Session 30 Room 118 11 am - 12.45 pm</p> <p><b>Making Connections Through Art: A Spiritual Perspective</b> Oral presentation <b>Karin Mackay</b>, visual artist and President, the Women’s Room</p> <p><b>Myth, Story and Creative Expression – Building Women’s Self Esteem</b> Workshop <b>Shannon Bush</b>, Nurse, art therapist, life coach and founder, Creative Possibility, Perth WA</p>
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**Thursday 18 November 2010: 11 am – 12.45 pm**

**Breakout Sessions 3 (continued)**

<p>Thursday 18 November Session 31 Room 120 11 am - 12.45 pm</p> <p><b>Guided Song Writing</b> Workshop <b>Emma O'Brien</b>, Music Therapist, Composer and Performer, The Royal Melbourne Hospital, Melbourne, Victoria</p>	<p>Thursday 18 November Session 32 Room 225 11 am - 12.45 pm</p> <p><b>Teenage Aboriginal Back-to-School Program for Parents</b> Oral presentation <b>Michelle Jersky</b>, Sydney Children's Community Health Centre, NSW</p> <p><b>Deadly Teeth</b> Oral presentation <b>Lynda Smith</b>, Portland District Health, VIC</p> <p><b>Making the Message Stick; persuasive media and arts-based messages for Indigenous health promotion</b> Workshop <b>Dr Gillian Gould</b>, GP and Art Therapist, University of NSW Rural Clinical School, Coffs Harbour, NSW</p> <p><b>Singing, dancing and smoking for country: using arts, music, photography and performance to improve health and wellbeing of communities in the Wheatbelt and Goldfields</b> Oral presentation <b>Pilar Kasat</b>, Community Arts Network Australia (CANWA); <b>David Palmer</b>, Community Development Program, Murdoch University, Perth</p>	<p>Thursday 18 November Session 33 Room 242 11 am - 12.45 pm</p> <p><b>Arts in Healthcare: A Singapore Survey</b> Oral presentation <b>Michael Koon Boon Tan</b>, Assistant Professor, Visual Communications, School of Art, Design and Media, Nanyang Technological University, Singapore</p> <p><b>UNESCO Observatory Cultural Villages Program for the Promotion of Health/Wellbeing</b> Oral presentation <b>Lindy Joubert</b>, Director, UNESCO Observatory Multi-Disciplinary Research in the Arts, Senior Lecturer, Faculty of Architecture, Building and Planning, University of Melbourne; <b>Chris Platania-Phung</b>, Research Associate</p> <p><b>Rekindling Hearts with Art – a community art project for young survivors of the Sichuan earthquake</b> Oral presentation <b>Sophia Law</b>, Assistant Professor, Department of Visual Studies, Lingnan University, Hong Kong</p> <p><b>The Connection between Participative Community Singing and Mental and Physical Health in Aboriginal and Torres Strait Island Population: Voices United for Harmony Project</b> Oral Presentation <b>Jing Sun</b>, Senior Lecturer in Biostatistics, School of Public Health, Griffith University, Qld</p>	<p>Thursday 18 November Session 34 Room 307 11 am - 12.45 pm</p> <p><b>Journeys of Grief – creatively expressing a difficult experience</b> Oral presentation <b>Karen Sorensen</b>, Co-ordinator, Mental Health Programs, Southern General Practice Network, Moruya, NSW</p> <p><b>The function of art spaces within palliative care facilities</b> Oral presentation <b>David Glenister</b> St Vincent's Health, Caritas Christi Hospice Melbourne</p> <p><b>Story Telling / Story Listening: Unlocking Resilience</b> Workshop <b>Tricia O'Hara</b>, Loddon Mallee Palliative Care Consortium, Victoria</p>	<p>Thursday 18 November Session 35 Room 330 11 am - 12.45 pm</p> <p><b>The Role of Galleries and Museums in Social Inclusion - Audience development and health-oriented programming</b> Introduction <b>Sophie Lieberman</b>, Public Programs and Social Media, Arts and Health Australia</p> <p><b>Dance to express Dance to Heal</b> Oral presentation <b>Lina Ishu</b>, Young Women's Project Officer, Service for the Treatment and Rehabilitation of Torture and Trauma Survivors – STARTTS, NSW</p> <p><b>Intergenerational or family learning at the National Gallery of Australia</b> Oral presentation <b>Adriane Boag</b>, Education, National Gallery of Australia, Canberra</p> <p><b>Art and Alzheimer's</b> Oral presentation and discussion <b>Carrie McGee</b>, Education and Public Programs, Museum of Modern Art, New York; <b>Adriane Boag</b>, Education, National Gallery of Australia, Canberra</p>	<p>Thursday 18 November Session 36 Room 333 11 am - 12.45 pm</p> <p><b>Not Like Pills: The Arts in Relationship in Dementia Care</b> Oral Presentation <b>William Feez</b> and <b>Dr Heather Hill</b>, Melbourne Institute of Experiential and Creative Arts Therapy</p> <p><b>Colour My World</b> Oral presentation <b>Deborah Treherne</b>, Alzheimer's Australia South Australia, Adelaide</p> <p><b>Evaluating music therapy and other complementary interventions to treat people with dementia</b> Oral presentation <b>Bruce Barber</b>, National Ageing Research Institute, Melbourne</p> <p><b>Stand up for dementia</b>, Oral presentation <b>John Stevens</b>, Head, Department Of Nursing &amp; Health Care, School of Health &amp; Human Sciences, Southern Cross University, Lismore, NSW; <b>Mandy Nolan</b>, stand-up comedian, Lismore, NSW</p>
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**Thursday 18 November 2010: 12.45 pm – 2 pm: Lunch (Yasuko Hiraoko Myer Room)**

Book signings, Readings Conference Bookstore, Ground Floor Foyer, Sidney Myer Asia Centre 1pm to 1.20pm

- Dr Leah Kaminsky, Editor, *The Pen and the Stethoscope* (Scribe 2010)
- Mike White, *Arts Development in Community Health: a social tonic* (Radcliffe 2009)

**Thursday 18 November 2010: 2pm - 3.45pm: Plenary Session 4: Mental Health and the Arts**

**LOCATION**

Jane Cocker Community Music Victoria

Chair: **Professor David Ames**, Director National Ageing Research Institute and University of Melbourne Professor of Ageing and Health

- **Professor Denise Grocke**, Head of Music Therapy and Director of the National Music Therapy Research Unit (NaMTRU), University of Melbourne:  
**The effect of music therapy on the lives of people with severe and enduring mental illness.**
- **Dr Eugen Koh**, Director of the Dax Centre, Chief Curator of the Cunningham Dax Collection, Consultant Psychiatrist and Head of Psychotherapy Training at S Vincent's Hospital Melbourne, Psychoanalytic Psychotherapist in Private Practice, and Artist:  
**Promoting mental health and wellbeing through art.**
- **David Crosbie**, CEO, Mental Health Council of Australia, Canberra  
**What do you value? How we feel about ourselves is critical to our health and wellbeing.**  
This paper will explore our current attitudes to mental health and wellbeing within the context of our values, our beliefs and what is needed to change the way Australia responds to mental illness.

Carillo Gantner Theatre

**Q & A and Priority Recommendations**

**Thursday 18 November 2010: 4 pm – 5.30 pm**

**Breakout Sessions 4**

<p>Thursday 18 November Session 37 Room G01 4 pm – 5.30 pm</p> <p><b>Design and imagery in conference posters about chronic illness</b> Oral presentation <b>Tanisha Jowsey</b>, Serious and Continuing Illness Policy and Practice Study (SCIPPS), Senior Research Officer, Australian Primary Health Care Research Institute, Australian National University, Canberra</p> <p><b>What Would the Coroner Think?</b> Film as a versatile teaching tool for health professionals. Topics include dealing with medical errors, rural general practice challenges, supervisor support and debriefing, GP registrar orientation, the discussion of ethical issues and self care for doctors. Workshop <b>Dr Genevieve Yates</b>, General Practitioner and Medical Educator, CSQTC, Sunshine Coast, QLD</p>	<p>Thursday 18 November Session 38 Room G03 4 pm – 5.30 pm</p> <p><b>Music. Play for Life.</b> Oral Presentation <b>Tina Broad</b>, Music Council of Australia, Sydney</p> <p><b>Reaching Out to Others – The Power of Singing</b> Workshop <b>Nicole Mengel</b>, Primary School Teacher and ANU Music Education Program</p>	<p>Thursday 18 November Session 39 Room 114 4 pm – 5.30 pm</p> <p><b>My Parent Trail First Aid Safety Box – creative arts for parents living with mental illness</b> This program uses the metaphor of going on a bush walk as comparable to the parenting journey when the parent has a mental illness. The aim of this workshop is to model creative ways of using art and metaphor to use as a tool when working on a safety plan for consumers who are parents with mental illness. Hands on Workshop (limit 15) <b>Maggie Wilson</b>, Mater CYMHS, Brisbane</p>	<p>Thursday 18 November Session 40 Room 116 4 pm – 5.30 pm</p> <p><b>The Harmony of Being: Music Based Mindfulness</b> Based Mindfulness [MBM] is the individual awareness that emerges through being attentive, in the present moment, to responses evoked by music. This session includes MBM experiences and case material from community based groups and drug and alcohol outpatient groups. Workshop <b>Carolyn Van Dort</b>, music psychotherapist, VIC</p>	<p>Thursday 18 November Session 41 Room 117 4 pm – 5.30 pm</p> <p><b>Arts Based Practice and Collaborative Recovery Model (CRM)</b> Oral presentation <b>Helen Crawford</b>, Arts Co-ordinator, Neami SA, Port Adelaide; <b>Chris Reynolds</b>, Acting Manager, Neami Splash Art Studio, Melbourne</p> <p><b>Art Psychotherapy, Dialectical Behaviour Therapy and Borderline Personality Disorder</b> Workshop <b>Megan Shiell</b> Australian and New Zealand Art Therapy Association NSW, Australia</p>	<p>Thursday 18 November Session 42 Room 118 4 pm – 5.30 pm</p> <p><b>Bringing Quality Arts Projects and Artists in Residential Aged Care Facilities</b> Oral presentation <b>Catherine Dinkelmann</b>, Cultural Development, Nillumbik Shire Council, Victoria</p> <p><b>Person Centre Art Making – An Intervention for Minimising the Impact of Depression and Dementia for Elders in Residential Care</b> Workshop <b>Libby Byrne</b>, Visual Artist and Associate Lecturer, Master of Art Therapy Program La Trobe University, Melbourne</p>
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**Thursday 18 November 2010: 4 pm – 5.30 pm**

**Breakout Sessions 4 (continued)**

<p>Thursday 18 November Session 43 Room 120 4 pm – 5.30 pm</p> <p><b>Conductorcise ... A sound workout for mind, body and soul</b> Workshop <b>Merilyn Hawke</b>, Physiotherapist, Melodic Moves, Melbourne</p>	<p>Thursday 18 November Session 44 Room 225 4 pm – 5.30 pm</p> <p><b>Art Therapy in Special Education for children with Autism Spectrum Disorder</b> Oral presentation <b>Anita Bragge</b>, Port Phillip Specialist School, Melbourne</p> <p><b>Thou Art Mums</b> Oral presentation <b>Sherryn Prinzi</b>, Service Integration and Co-ordination Program Development Officer, Family and Children's Services, Nillumbik Shire Council, Victoria</p> <p><b>Being with children through the hard times – death, divorce and trauma</b> Workshop <b>Vivienne Mountain</b>, Melbourne Counsellor, Experiential and Creative Arts Therapist, Melbourne, VIC</p>	<p>Thursday 18 November Session 45 Room 242 4 pm – 5.30 pm</p> <p><b>Music for Life – A Singing Workshop for Seniors</b> Workshop <b>Jenny Ainsworth</b>, Creativity and Ageing Manager, Musica Viva, Surry Hills, NSW; <b>Colleen Rees</b>, vocalist, performer, musician and teacher</p>	<p>Thursday 18 November Session 46 Room 307 4 pm – 5.30 pm</p> <p><b>Caring for Carers through the Creative Arts</b> Workshop (limit 20 participants) <b>Eve Warren</b>, Key Dementia Worker, National Dementia Helpline and Carer Support Groups, Alzheimer's ACT, Canberra; <b>Vikki McDonough</b>, Alzheimer's ACT, Canberra</p>	<p>Thursday 18 November Session 47 Room 330 4 pm – 5.30 pm</p> <p><b>DRUMBEAT – Discovering Relationships Using Music – Beliefs, Emotions, Attitudes and Thoughts</b> Demonstration <b>Simone Sky</b>, Performing Arts/Student Wellbeing Co-ordinator, and students, Corpus Christi Primary School, Glenroy VIC</p> <p><b>DRUMBEAT - Discovering Relationships Using Music – Beliefs, Emotions, Attitudes and Thoughts</b> Workshop (1 hour) <b>Simon Faulkner</b>, Holyoake Institute / Victorian Youth Substance Abuse Service, WA</p>	<p>Thursday 18 November Session 48 Room 333 4 pm – 5.30 pm</p> <p><b>Reminiscence Theatre – Where Aged Care Meets Innovative Theatre</b> Oral presentation <b>Bernie Arigho</b>, Age Exchange, Victoria</p> <p><b>Dancing with Strength – The Spirit of Cambodia</b> Oral presentation <b>Linda McCann</b>, Aged and Disability Services, City of Greater Dandenong, VIC</p> <p><b>The Application of Montessori Principles in Aged Care</b> Oral presentation <b>Annette Koch</b>, Alzheimer's Australia NT, Darwin</p> <p><b>Tales from the SRS: Collaborative Digital Storytelling techniques for work with participants who are older, frail, people with a physical, psychiatric, intellectual or other disability</b> Oral presentation <b>Dylan Davis</b>, Research, Design Centre, Swinburne University, Melbourne</p>
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**Thursday 18 November 2010: 5.30 pm – 6.45 pm: Networking Party**

Sidney Myer Asia Centre Ground Floor Foyer

**Thursday 18 November 2010: 6.45 – 7.30 pm: Alan Hopgood AM, playwright and actor, presents My Dog Has Stripes – a Health Play about Depression, sponsored by beyondblue**

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Friday 19 November 2010: Plenary Session 5: Caring for the Patient and the Caregiver	LOCATION
<p><b>8am – 9.30am: Conference Registrations at Arts and Health Australia Help Desk</b>            Conference satchels custom designed for Arts and Health Australia and handmade by the Indigenous Women’s Sewing Group, Port Macquarie</p>	Ground Floor Sidney Myer Asia Centre
<p><b>8.45am: Welcome by Margret Meagher, Executive Director, Arts and Health Australia</b>            Acknowledgement of Country, <b>Gabriella Carroll</b>, Arts and Health Australia  <b>Jane Coker</b> Community Music Victoria</p>	Carillo Gantner Theatre
<p><b>9am – 10.30am: Plenary Session 5: Caring for the Patient and the Caregiver</b></p> <p>Chair: <b>Nel Glass</b>, Research Professor of Nursing, School of Nursing and Midwifery, Australian Catholic University, Melbourne</p> <p><b>9am – 9.30am:</b>  <b>Molly Carlile</b> Deathtalker  <b>OMG! WTF! Teenagers grieve too, even if you can’t understand what they’re saying!</b>            A presentation that explores the use of contemporary storytelling to engage teenagers in conversations about death, grief and loss before they are faced with a significant death in their family, social or school communities.</p>	Carillo Gantner Theatre
<p><b>9.30 – 10am:</b></p> <p><b>Group Panel Presentation and Discussion: Creative Collaborations spur <i>Hey Florence!</i> A Nurse Musical</b>            Put together an Australian Playwright and Songwriter, Vanderbilt University Medical Center’s Office of Cultural Enrichment &amp; Nurse Wellness Committee, and you have a creative collaboration that successfully united the unlikeliest of partners in a healthcare setting.</p> <p>This session will give a detailed account of the inception of <i>Hey Florence!</i> a nurse musical. Vanderbilt University Medical Center’s office of Cultural Enrichment, led by <b>Donna Glassford</b> and Australian playwright <b>Craig Christie</b> set out to create a unique musical that would reflect the personal and professional lives of contemporary nurses. Learn about a collaboration with the Vanderbilt Nurse Wellness Program that made the idea of a musical (“nursical”) become a reality.</p> <ul style="list-style-type: none"> <li>• <b>Donna Glassford</b>, Executive Director, Cultural Enrichment, Vanderbilt University Medical Center</li> <li>• <b>Molly Carlile</b>, Deathtalker; Consortium Manager, North and West Metropolitan Region, Palliative Care Consortium, Melbourne</li> <li>• <b>Susan Hernandez</b>, RN, Chief Nursing Officer, Vanderbilt Children’s Hospital, Performer</li> <li>• <b>Dr Genevieve Yates</b>, General Practitioner, playwright and filmmaker</li> <li>• <b>Craig Christie</b>, playwright, songwriter, director <i>Hey Florence!</i></li> </ul>	Carillo Gantner Theatre

## Friday 19 November 2010: Plenary 5

### 10 am – 11 am: Conference Business: Priority Recommendations and Arts and Health Australia Awards 2010

#### Announcement of Priority Recommendations from the conference delegation to be presented to Federal and State Health and Arts Ministers

#### Arts and Health Australia Awards for Excellence 2010 Presentation - 18 Categories

Arts and Health in Primary and Acute Care  
The Arts and Community Health  
Arts and Health in Regional and Rural Australia  
Health Promotion and the Arts  
Arts and Aboriginal Health  
Medical Humanities and Education  
Architecture, Design and the Healthcare Environment  
Arts and Health Research  
Mental Health and the Arts  
Social Inclusion through the Arts  
Creative Ageing  
Arts and Health in Palliative Care  
Arts and Health in Local Government  
Best Report on Arts and Health in the Media  
Outstanding Contribution to the Advancement of Therapeutic Intervention utilising the Arts  
Outstanding Contribution by a Health Professional in the field of Arts and Health  
National Leadership in Arts and Health  
International Leadership in Arts and Health

The Awards trophy is a boxed, handcrafted pen, made from Australian timbers, by Ian Dorney who discovered his talent for pen making while recovering his health.

Arts and Health Australia gratefully acknowledges the support of Rio Tinto; Aevum Living; National Rural Health Alliance; Regional Arts (NSW); VicHealth; beyondblue; Victorian Mental Health Carers Network; Alzheimer's Australia (Vic); Disadvantage in the Arts Disability in the Arts (DADAA WA); UNESCO Observatory on Multi-Disciplinary Research in the Arts, Faculty of Architecture, Building and Planning, University of Melbourne; Centre for Values, Ethics and the Law in Medicine, Faculty of Medicine, University of Sydney; School of Education, Murdoch University, WA; National Gallery of Australia; Museum of Modern Art New York; and the Society for the Arts in Healthcare (SAH), USA.

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### 11am – 11.30am: Morning Tea

Ground Floor Foyer  
Sidney Myer Asia Centre

### 11.30am – 12.45pm: Conference Finale – Highlights from “Hey Florence!” A Nurse Musical

#### Premiered, Nashville Tennessee, September 2009 and on tour in the USA.

Written by **Craig Christie**, Australian playwright and song writer

- Starring **Chelsea Gibb**, **Francesca Arena** and **Susan Hernandez**, with **Members of the Melbourne University Choral Society (M.U.C.S)**

“The musical *Hey Florence!*, describes the world of nursing in a way that audiences find amusing, moving and innovative. It also provides an opportunity for nurses to perform as talent onstage or participate as audience members. Most importantly, it showcases and celebrates the unsurpassed dedication of our caregivers for the medical center community.” Donna Glassford, Producer, Cultural Enrichment Vanderbilt Medical Center

Carillo Gantner Theatre

<p><b>Friday 19 November 2010:</b></p> <p><b>12.45pm to 1pm: Closing Words of Thanks</b></p> <p><b>Margret Meagher, Executive Director, Arts and Health Australia</b>  <b>Gabriella Carroll, Conference Chair, Arts and Health Australia</b></p> <p><b>1 pm – 2.30 pm: Networking Lunch (Yasuko Hiraoko Myer Room)</b></p>	<p>Carillo Gantner Theatre</p>
<p><b>Friday 19 November 2010: Post-Conference Evaluation Workshop</b>  <b>(Seating allocated and session closed)</b></p> <p><b>2.30pm – 4.30pm: Post Conference Evaluation, sponsored by DADAA WA</b></p> <p>Facilitated by <b>Mike White</b> and <b>Mary Robson</b>, experts in the evaluation of arts and health events and programs. This evaluation session will inform the development of the conference for future years and contribute to the growth of the arts and health field in Australia. The conference committee gratefully acknowledges support by DADDA WA (Disadvantage in the Arts, Disability in the Arts) to enable this event.</p> <p>Mike and Mary use techniques of participation: focused conversations that encourage effective communication and that ensure that everyone has the opportunity to contribute. Their aims for the post conference evaluation workshop are:</p> <ul style="list-style-type: none"> <li>• to produce clear ideas and conclusions that articulate the group's analysis of the conference</li> <li>• that the participants have an interesting and stimulating experience</li> </ul> <p>Delegates will also be asked to participate in a conference evaluation survey as a separate activity, to complement this formal evaluation.</p> <p>This event is limited to 25 delegates due to the structure of the evaluation process and places have been allocated, following an invitation to delegates to attend (13 October 2010). Results will be circulated to all delegates following the conference.</p> <p><b>Chair: David Doyle, Executive Director DADAA WA</b></p> <p><b>Facilitators:</b></p> <p><b>Mike White, Research and Development Fellow in Arts in Health, Centre for Medical Humanities and St Chad's College, University of Durham, England</b></p> <p><b>Mary Robson, Artist, Social Educator and Arts/Health Consultant and Associate for Arts in Health and Education at the Centre for Medical Humanities, University of Durham, England</b></p>	<p>Meeting Room 242  Alice Hoy Building</p>